

# He Comforts Troubled Hearts

Restoration. Redemption. Rest. This is what Jesus brings. Jesus wants to fill your life with peace. Jesus promises to do life together with you — because life without Him is impossible. *Come to me, all of you who are weary and burdened, and I will give you rest.* Life with all its difficulties — is in the process of wearing us all out. Today many are stressed out and on the verge of emotional collapse. The message of comfort, rest, and peace serves as the foundation undergirding John 14. There is always room in His heart for our troubles.

## I. John 14.1 - Trust the Presence of Jesus.

- A. 14.1 - Don't let your heart be troubled.
  - 1. 16.6b - *Yet because I have spoken these things to you, **sorrow** has filled your heart.*
  - 2. 14.1b - *Believe in God; believe also in Me.*
- B. God has always called on His people to place their trust in Him:
  - 1. Deuteronomy 31.6 - *Be strong and courageous; don't be terrified or afraid of them. For the Lord your God is the one who will go with you; he will not leave you or **abandon** you.*
  - 2. 1 Peter 1.3-4 - we are driven by a **living hope**.
  - 3. 1 Peter 1.5-7 - Life's difficulties ... are character building opportunities.
  - 4. 1 Peter 1.8 - Jesus is alive and occupies a present and personal force in our life.

## II. 14.2-3 - Trust Jesus' Promises

- A. 14.2-4 - A **Place** is Being Prepared
  - 1. Jesus is using the wedding metaphor to stress that their future was secure.
- B. 14.3 - Jesus is Coming **Again**
  - 1. One day ... we will share life throughout eternity with Him.

## III. 14.4-6 - Trust Jesus' Person

- A. 14.4 - *You know the way to **where** I am going.*
- B. 14.6a - *I am the **way**. I am the truth. I am the life.*
- C. 14.6b - No one comes to the Father except through **Me**.

## IV. As we close...

- A. 14.2 - The hope of heaven guards our hearts.
  - 1. Philippians 3:20: *Our citizenship is in **heaven**, and we eagerly wait for a Savior from there, the Lord Jesus Christ.*
  - 2. Ephesians 2:6: *He also raised us up with him and **seated us** with him in the heavens in Christ Jesus.*
- B. 14.3 - The triumph of Jesus.
  - 1. *I am coming again, (present tense). How often do we think of this?*
  - 2. 1 John 3:2: *We know that when he appears, we will be like him because we will see him as he is.*
- C. 14.6 - Put your faith totally in Him.

## V. Conclusion

- A. Trials are part of our earthly existence.
- B. In the darkness where Jesus says, *Don't let your heart be troubled, trust in God, trust in me.*