

LESSON 7

All Inclusive Happiness

John 16:22

So you also have sorrow now. But I will see you again. Your hearts will rejoice, and no one will take away your joy from you, John 16:22.

Class Overview: In this lesson, we see heaven as the place of complete and lasting joy. Unlike the fragile happiness of this life, heaven offers an all-inclusive happiness where every sorrow is removed, God's presence is fully realized, eternal life secures our joy forever, and fellowship with the redeemed is perfect. The vision of Revelation 21–22 reminds us that in heaven, nothing will be missing. Every longing of the soul will be satisfied, and every child of God will share in joy that can never be taken away.

Class Objectives:

By the end of this class, you should be able to:

1. Explain why earthly happiness is temporary and incomplete.
 2. Identify how Revelation 21:3-4 describes the absence of sorrow in heaven.
 3. Describe the joy of God's presence as the central blessing of heaven.
 4. Understand how eternal life guarantees lasting happiness.
 5. Appreciate the fellowship of the redeemed as part of heaven's all-inclusive joy.
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Introduction:

Have you ever planned the perfect vacation? The hotel was beautiful, the food was good, the beach or mountains were everything you hoped for. But then the weather turned bad, or you got sick, or the trip ended too soon. Even in our best moments here, happiness is fragile. Something always seems to break in.

We live in a world where joy comes and goes. A good day can be ruined with one phone call. The excitement of success can be overshadowed by worry about tomorrow. Even the sweetest memories are tinged with the knowledge that they will not last. The Bible reminds us that “man is born for trouble as surely as sparks fly upward” (Job 5:7). No one escapes it.

But the vision of heaven is different. There, happiness will not be fragile or fleeting. It will be complete, secure, and permanent. Revelation 21:4 promises that God Himself will wipe away every tear. Death, grief, crying, and pain, the very things that rob us of joy now, will be gone forever.

This lesson calls us to see heaven as a place where happiness is not partial or limited. It is all inclusive. Every longing of the heart will be met. Every source of sorrow will be removed. And every child of God will share in a joy that can never be taken away (John 16:22).

The Absence of Sorrow

He will wipe away every tear from their eyes. Death will be no more; grief, crying, and pain will be no more, because the previous things have passed away, Revelation 21:4.

From the Text

One of the greatest barriers to lasting happiness on earth is sorrow. Loss, disappointment, and pain are woven into human life. No matter how joyful the moment, something always lingers in the background to remind us it won't last. But John's vision of heaven assures us that all sorrow will be gone forever.

This is more than the absence of pain; it is the tender promise that God Himself will remove the very causes of it. He will personally wipe away the tears. The Father will not delegate this comfort. His presence guarantees healing and relief.

Application

Think about the weight of that promise. Death, which steals away those we love, will not enter the gates of heaven. Suffering, which now mars our bodies and minds, will be gone. Fear, which haunts us about tomorrow, will be silenced. Happiness in heaven is all-inclusive because sorrow will be excluded.

Isaiah 25:8 foreshadows this when it declares, *"He will swallow up death forever. The Lord God will wipe away the tears from every face."* And Psalm 30:5 reminds us, *"Weeping may stay overnight, but there is joy in the morning."* Heaven is that eternal morning, where the night of sorrow never returns.

The Presence of God

Look, God's dwelling is with humanity, and He will live with them. They will be His peoples, and God Himself will be with them and will be their God, Revelation 21:3.

From the Text

True happiness is not just about what is missing in heaven, it is about Who is there. The greatest joy of the redeemed will be the presence of God Himself.

On earth, even in our closest moments with the Lord, we still walk by faith and not by sight (2 Corinthians 5:7). We pray, we worship, and we trust, but we do not yet see Him face to face. In heaven, that will change. Revelation 22:4 promises, *"They will see His face, and His name will be on their foreheads."* The barrier between the seen and unseen will be gone.

Psalm 73:25-26 says: *"Who do I have in heaven but You? And I desire nothing on earth but You. My flesh and my heart may fail, but God is the strength of my heart, my portion forever."* The psalmist recognized that happiness is not rooted in things, but in God Himself.

Application

Our happiness in heaven will be perfected because it will come from direct communion with the Father and the Lamb. Every desire will be satisfied in His presence. Every need will be met. Every heart will be full. Earthly joy fades because people disappoint and possessions decay. Heavenly joy endures because it flows from the eternal God who never fails.

The Security of Eternal Life

"There is a time to be born and a time to die," Ecclesiastes 3:2.

From the Text

One reason happiness is fragile on earth is because nothing lasts. Health fades, relationships change, possessions wear out, and even our best moments slip away. Death stands as the great interrupter. And with death, earthly happiness comes to an end.

But heaven changes everything. Jesus said of His sheep, *"I give them eternal life, and they will never perish. No one will snatch them out of my hand"* (John 10:28). Happiness in heaven is secure because life there is eternal. Nothing can interrupt it. Nothing can diminish it.

Peter described our hope as *"an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you"* (1 Peter 1:4). Notice the words, *imperishable, undefiled, unfading*. Everything on earth is perishable, defiled, and fading. But heaven's joy is untouched by time, sin, or decay. Paul speaks of this in Romans 6:23: *"The wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord."*

Application

Eternal life means eternal happiness. We will never face the fear of losing it. The smile of heaven will never fade into sorrow.

In heaven, happiness is all-inclusive because it is everlasting. The joy that begins there will never be threatened, interrupted, or lost.

The Fellowship of the Redeemed

a vast multitude from every nation, tribe, people, and language, which no one could number, standing before the throne and before the Lamb. They were clothed in white robes with palm branches in their hands. And they cried out in a loud voice: Salvation belongs to our God, who is seated on the throne, and to the Lamb!,
Revelation 7:9-10.

From the Text

Happiness is always greater when it is shared. Some of our most joyful moments in life are not experienced alone but with people we love. Family gatherings, reunions with old friends, or celebrations with fellow Christians bring a taste of what heaven will be like. But here on earth, those moments end. Friends move away. Loved ones pass on. Even good relationships can be strained.

In heaven, fellowship will be perfect and unbroken. What a picture of unity and joy, God's children from every age and every corner of the earth, together at last.

Application

Jesus promised in Matthew 8:11, *“Many will come from east and west to share the banquet with Abraham, Isaac, and Jacob in the kingdom of heaven.”* Imagine sitting at that table, reunited with loved ones who died in Christ, and joined by faithful saints you’ve only read about in Scripture. The joy of fellowship will be complete.

Hebrews 12:22-23 adds that we have come to *“the assembly of the firstborn whose names have been written in heaven.”* That assembly will be filled with perfect love, free of jealousy, envy, or division. The fellowship of heaven will be unbreakable and eternal.

Happiness in heaven is all-inclusive because it will be shared by every redeemed soul, perfected in Christ, forever united in love and praise.

Conclusion


The happiness we long for in this life always slips through our fingers. It is fragile, temporary, and often overshadowed by sorrow. But heaven is different. There, every tear will be wiped away. Pain, grief, and death will be no more. God Himself will be with us, and in His presence is fullness of joy. Eternal life will secure our happiness forever, free from the fear of loss. And we will share it together, side by side with all the redeemed.


Heaven’s happiness is not partial or exclusive. It is complete. It is unending. It is shared by all who belong to Christ. Jesus said, *“You now have sorrow, but I will see you again. Your hearts will rejoice, and no one will take away your joy from you”* (John 16:22). That is the promise of heaven.


So, we live in hope. Whatever trials we face, whatever disappointments come, we fix our eyes on the city where happiness is all-inclusive, where joy will never fade and sorrow will never return.

For Discussion

1. Why is earthly happiness always temporary and fragile? What examples from your own life show this truth?


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2. How does Revelation 21:4 comfort you personally when you think about loss, grief, or pain?


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3. In what ways will the direct presence of God (Revelation 21:3; 22:4) be the greatest source of happiness in heaven?

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4. How does the promise of eternal life (John 10:28; 1 Peter 1:4) change the way we view the ups and downs of life today?

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5. What excites you most about the fellowship of heaven—the joy of reunion, the unity of those in Christ, or the presence of saints from every age and nation? Why?

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