

I'm in Prayer Every Day

In Ephesians 6.10-17 - Here Paul begins to wrap up the book with one last great section on one of our greatest blessings: Your equipping of spiritual armor. It is able to help you stand ... victorious. In 6.18, Paul begins by saying: "praying at all times,..." Prayer is not a part of the spiritual armor ... because it's more than that. Prayer is woven into our armor. Prayer is like the air we breathe. Spiritually, we can't live without it. May develop the type of heart that possesses the passionate, deep-longing, and yearning for God that is satisfied only in prayer.

I. 6.18a - The Frequency of Prayer: *Pray at all times.*

- A. At any occasion or at any time
 - 1. Romans 12.12 - *be **persistent** in prayer...*
 - 2. Philippians 4.6 - *in **everything**, through prayer and petition with thanksgiving...*
- B. God-consciousness ... where our entire life is offered to Him in communion and communication. Think Romans 12.1-2. All of life is to become as an ascending prayer.
- C. Colossians 4.2 - ***Devote** yourselves to prayer...*
 - 1. We include all of life's thoughts; deeds; & circumstances
 - 2. Life is a constant exercise of prayer.
- D. Colossians 3.1-2 - *Set your minds on things **above**.* God saved you for fellowship.

II. 6.18b - The Variety of Prayer: *every prayer and request...*

- A. "Prayer" here is just describing prayer in general.
- B. "**Request**" is *supplications* in other translations and is referring to specific requests.

III. 6.18c - How to Pray: *stay alert with all perseverance....*

- A. With a Spirit of Watchfulness
 - 1. Jesus: Luke 21.36 - *be on the **alert** at all times...*
 - 2. For what? We are to be alert to the issues ... to what is happening.
- B. In **Perseverance**: We stick to it; we stay at it; we persevere.

IV. 6.18d-19 - The Object of Prayer ... *intercession for all the **saints**...*

- A. 6.18d - We pray for each other. Can we lose ourselves in the needs of others?
- B. 6.19 - We Pray for Spiritual Needs
 - 1. What does Paul request here?
 - 2. The physical stuff is important ... but what matters in the long run?
- C. Do you really know the spiritual needs of the people around you?
- D. Will you open yourself up so others can pray for your spiritual needs?

V. For the Next 7 Days... Pray specifically and with purpose.

VI. As We Close

- A. *Pray at all times ... in the **Spirit**.*
- B. Are you praying in consistency with who Jesus is and what His will is?
- C. Are you walking in the light? Do you with Jesus?
- D. Fellow Christians ... are you God conscious, Selfless? Watchful? Persistent?
- E. Are you praying for the spiritual needs of others?