

Look at the Birds, Consider the Lilies

Matthew 6:25–30

Wednesday, June 24, 2026

EPISODE SUMMARY

Having told us we cannot serve both God and money, Jesus says “therefore” — and turns to the worry money was supposed to fix. Three times he says don’t worry, and instead of scolding us, he lets creation preach. Look at the birds: they don’t sow or store, yet the Father feeds them — and you are worth more than they are. Can worrying add a single hour? Consider the wildflowers: they don’t labor, yet Solomon in all his splendor was never dressed like one of these. If God clothes the field like that, how much more will he care for his own children? The diagnosis is gentle: “you of little faith.” Anxiety isn’t mainly a planning problem or a willpower problem — it’s a trust problem, and the cure is a Father whose care was proven at the cross.

KEY THEMES

- “Therefore” — the do-not-worry teaching flows straight out of the two-masters teaching (v. 25).
- The birds: they don’t store barns, yet your heavenly Father feeds them — aren’t you worth more? (v. 26).
- Worry adds nothing — not one hour to your life (v. 27).
- The lilies: Solomon’s splendor never matched a wildflower God dressed for a day (vv. 28–29).
- Anxiety is a trust problem, not a failure of effort — “you of little faith” (v. 30).

KEY SCRIPTURE

“Consider the birds of the sky: They don’t sow or reap or gather into barns, yet your heavenly Father feeds them. Aren’t you worth more than they?”

— Matthew 6:26, CSB

TAKEAWAY TRUTH

Worry keeps your gaze locked down on the gap; faith lifts your head to the One who has been feeding birds and dressing fields since before you were born. The God who already gave you his Son at the highest price — the blood of Christ — will not turn stingy over your daily needs. You can trust the hand that has the nail-print in it.

APPLICATION FOR TODAY

The next time the churning starts, don’t just fight it — look up. Look at the birds; consider the lilies. Name the worry honestly, then preach to it: if the Father feeds the sparrow he never called his child, what won’t he do for you? Bring the fear to him in prayer, and let the cross settle the question of whether he will take care of you.

SERIES FOCUS

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