

■ Episode 37 — Do What You've Learned

Weekday Podcast

Text: Philippians 4:9 (CSB)

Episode Summary:

In this episode, we look at Paul's bold follow-up to his call for intentional thinking. Having told the Philippians where to put their minds, he now tells them what to do with their feet. Philippians 4:9 is a direct call to action—to put into practice what has been learned, received, heard, and seen. Paul points to himself as a model, not out of arrogance, but because faith was always meant to be lived out and passed on. He closes the verse with a remarkable promise: not just the peace of God, but the God of peace Himself will be with those who walk in obedience.

Key Themes:

- The gap between knowing and doing
- Faith as something modeled, not just taught
- Obedience as the path to experiencing God's presence
- The distinction between the peace of God (v. 7) and the God of peace (v. 9)
- Putting into practice what we have already received

Key Scripture:

“Do what you have learned and received and heard from me, and seen in me, and the God of peace will be with you.” — Philippians 4:9 (CSB)

Takeaway Truth:

Faith was never meant to stay in our heads. Paul's promise is not abstract—when we step into obedience, we step into a closer experience of the God of peace Himself.

Application for Today:

Think of one thing you know to be true—from Scripture, from good teaching, from what God has already shown you—that you haven't yet put into practice. Just one thing. And take a step toward doing it today.

Series Focus:

This episode concludes the immediate application section of Philippians 4, where Paul moves from peace to thinking to doing. Verse 9 is the natural landing point of the passage—the place where everything Paul has said becomes action. Together, verses 6–9 form a complete picture: bring your anxieties to God, guard your mind, and then live out what you know.