

## Episode 35 — Holy and Blameless

### Lord's Supper Meditation

Text: Colossians 1:21–22 (CSB)

#### Episode Summary:

In this week's Lord's Supper meditation, we reflect on the powerful transformation accomplished through the death of Jesus Christ. Colossians 1:21–22 reminds us that we were once alienated from God and hostile in mind because of sin. Yet through the physical death of Christ on the cross, reconciliation has been made possible. Jesus gave His body so that sinners could be brought back to God and ultimately presented before Him holy, faultless, and blameless. As we come to the Lord's table, we remember both the seriousness of sin and the greatness of the Savior who gave Himself to restore us.

#### Key Themes:

- Alienation from God because of sin
- Reconciliation through the physical death of Christ
- The transforming purpose of the cross
- Standing before God holy and blameless

#### Key Scripture:

“But now he has reconciled you by his physical body through his death, to present you holy, faultless, and blameless before him.” — Colossians 1:22 (CSB)

#### Takeaway Truth:

Through the sacrifice of Jesus, those who were once separated from God are now reconciled and prepared to stand before Him holy and blameless.

#### For Application:

As you prepare to partake of the Lord's Supper, reflect on the grace that reconciled you to God. Thank Christ for giving His body so that you could be brought near and made new.

#### Series Focus:

This weekly meditation pauses the series to center our hearts on the cross, reminding us that the sacrifice of Jesus not only reconciles us to God but also prepares us to stand before Him transformed.