

For Class Interaction and Discussion

Lesson Outline

1. Hannah's Story from 1 Samuel 1-3:

2. Hannah's Petition:

- Her situation as a barren woman and the cultural significance.
- Her distress was amplified due to Peninnah's provoking.
- Her prayer in the sanctuary and the vow to dedicate a son to the Lord.

3. Hannah's Prayer Answered:

4. Lessons for us:

- Effective prayer calms the soul
- Don't allow discouragement to conquer you
- Don't be too quick to judge
- Follow through on your vows

Thought Questions for Discussion

1. Have you ever faced a situation that seemed insurmountable, like Hannah's inability to bear children? How did you deal with it?
2. How important is it to have a support system during times of distress, as Elkanah was to Hannah?
3. Discuss the significance of Hannah's humble approach to God in prayer. How can humility enhance our prayers?
4. Why do you think Eli initially misunderstood Hannah's actions as drunkenness? How can we avoid making hasty judgments about others?
5. Reflect on the power of prayer in Hannah's life. Have you experienced the transformative power of prayer in your own life? Share your experience.

Hebrews 11.20-22

20 By faith Isaac blessed Jacob and Esau concerning things to come.

21 By faith Jacob, when he was dying, blessed each of the sons of Joseph, and **he worshiped, leaning on the top of his staff.**

22 By faith Joseph, as he was nearing the end of his life, mentioned the exodus of the Israelites and gave instructions concerning his bones.

6. How did Hannah's faith and commitment lead to the fulfillment of her prayer?
7. How did Hannah's prayer and commitment impact her relationship with God? What can we learn from her example in our own faith journeys?
8. How can prayer be a source of comfort and peace during challenging times?
9. Have you ever felt discouraged to the point of giving up? How did you overcome it?
10. Share instances when you or others were misjudged due to appearances or actions taken out of context. How can we avoid making assumptions about people?

Group Activity

Reflect and Commit: Divide into groups and discuss one area of life where you need to exercise more faith, prayer, commitment, or trust. Share your thoughts in small groups discussing strategies on how to apply these principles. Encourage each other to take the first step in improvement and share that with the group.

Walking with God Today

It is important that we turn to God in times of distress and experience the power of prayer. God is faithful and only through Him can we find real, genuine peace. Trust God with your burdens and look forward to the future with hope and confidence in His plans.