

## Episode 44 — God Is For Us

Lord's Supper Meditation  
Text: Romans 8:31–32 (CSB)

### Episode Summary:

In this week's Lord's Supper meditation, we reflect on one of the most reassuring truths in Scripture—God is for us. Romans 8:31–32 points us to the ultimate proof of that truth: the cross of Christ. God did not merely declare His love; He demonstrated it by giving His Son for us. If God has already provided what we needed most—salvation through Jesus—we can trust Him to provide everything else according to His will. The Lord's Supper reminds us that we stand secure in the love of a God who has acted decisively on our behalf.

### Key Themes:

- God's unwavering commitment to His people
- The cross as proof that God is for us
- Confidence rooted in God's provision
- Trusting God with every need

### Key Scripture:

“He did not even spare his own Son but gave him up for us all. How will he not also with him grant us everything?” — Romans 8:32 (CSB)

### Takeaway Truth:

The cross proves that God is for us, and we can trust Him to provide for every need.

### Application:

As you prepare to take the Lord's Supper, reflect on the gift of Christ. Thank God for demonstrating His love through the cross and rest in the assurance that He is for you.

### Series Focus:

This weekly meditation centers our hearts on the cross, reminding us that God's love is not theoretical—it has been proven through the sacrifice of His Son.