

Episode 25 — Made Righteous Through One Man

Lord's Supper Meditation

Text: Romans 5:18–19 (CSB)

Episode Summary:

In this Lord's Supper meditation, we reflect on Paul's powerful contrast between Adam and Christ. Romans 5:18–19 reminds us that through one man's disobedience came condemnation, but through one man's obedience—Jesus Christ—comes justification and life. This episode centers our hearts on the truth that righteousness is not achieved through human effort, but secured through Christ's obedience and sacrifice. As we come to the table, we remember that our standing before God rests entirely in Him.

Key Themes:

- The contrast between Adam and Christ
- Justification through Christ's obedience
- Righteousness received, not earned
- Life secured through one Man

Key Scripture:

“Through the one man's obedience the many will be made righteous.” — Romans 5:19 (CSB)

Takeaway Truth:

Our righteousness before God is grounded not in our obedience, but in the perfect obedience of Jesus Christ.

For Application:

As you prepare to partake of the Lord's Supper, give thanks that your standing before God is secured by Christ. Rest your confidence in His obedience and rejoice in the life He provides.

Series Focus:

This episode serves as a weekly pause in the series, drawing attention to the gospel foundation of righteousness through Christ and anchoring hearts at the Lord's table in His finished work.