

# Seek First the Kingdom

*Matthew 6:31–34*

Thursday, June 25, 2026

## EPISODE SUMMARY

After pointing us to the birds and the lilies, Jesus turns the don't-worry teaching into a command. He gives our worry words — “What will we eat? What will we drink? What will we wear?” — and names who lives ruled by them: the Gentiles, the nations with no Father to trust, who can only scramble. A worried disciple, he gently says, has begun living as if he had no Father at all. But we do: “your heavenly Father knows that you need them.” So instead of striving, seek — and aim it at the right thing: “seek first the kingdom of God and his righteousness, and all these things will be provided for you.” Put first things first, and the second things fall into place; then live one day deep, because tomorrow will worry about itself.

## KEY THEMES

- Worry given words — the ordinary questions that can quietly come to own a life (v. 31).
- The Gentiles' striving — to worry is to live as if we had no Father at all (v. 32a).
- “Your heavenly Father knows” — the needs are seen and counted before we ask (v. 32b).
- “Seek first the kingdom... and his righteousness” — the one pursuit that reorders everything (v. 33).
- One day deep — tomorrow will worry about itself; each day has enough trouble of its own (v. 34).

## KEY SCRIPTURE

*"But seek first the kingdom of God and his righteousness, and all these things will be provided for you."*

— Matthew 6:33, CSB

## TAKEAWAY TRUTH

We don't seek our way into the kingdom by getting our righteousness in order; the King who tells us to seek him first came seeking us first and bought our place with his own blood. A Father who paid that price to make you his child will not forget you over breakfast and a coat.

## APPLICATION FOR TODAY

When tomorrow starts pulling at you tonight, set the list down. Name the striving honestly, then preach the better order to your heart: seek first the kingdom, and trust the Father to add what you need. Live this one day as the King's — daily bread, daily grace — and let the cross settle, once and for all, the question of whether he will provide.

## SERIES FOCUS

*The Sermon on the Mount · Matthew 6 · CT070–CT081*