



UNBOUND

OVERCOMING SINS THAT WEIGH US DOWN



WOMEN'S CONFERENCE
APRIL 17-18





GUEST SPEAKER
LIBBY GLOSSON

Libby Glosson loves God, loves His Word, and loves His people. She is a certified biblical counselor through The Association of Certified Biblical Counselors. Libby earned her Master of Arts in Biblical Studies from The Master's University, her Master of Arts in Biblical Counseling from Christ Theological Seminary (with coursework at Southern Baptist Theological Seminary) and is currently pursuing her Doctor of Ministry in Biblical Counseling from The Master's University. She has worked for nearly a decade as a biblical counselor, counseling in local church, non-profit, and government program settings. Libby also serves in a women's ministry leadership role and women's Bible teacher at Alpharetta Bible Church, where she is a member. Additionally, Libby is a Fellow at Fortis Institute, producing online content on the topic of Biblical Womanhood, including a podcast called The Better Way. Libby is committed to the sufficiency of Scripture for all areas of life. When Libby is not teaching or counseling, she spends every free moment with her husband, Randy, and their two sons and their families.



SCHEDULE

FRIDAY, APRIL 17TH

6:30PM | CHECK-IN

7:00PM | SESSION 1

BEWARE THE BEARS: TAKING SIN SERIOUSLY -
A DEEP DIVE INTO THE SERIOUSNESS OF SIN
AND THE BIBLICAL CALL TO MORTIFY OUR SIN

8-9:00PM | DESSERT FELLOWSHIP

SATURDAY, APRIL 18TH

9:00AM | SESSION 2

THE GREEN EYED MONSTER: JEALOUSY & ENVY

10:00AM | SESSION 3

THE PUNISHER: UNFORGIVENESS & BITTERNESS

11:00-12:00PM | LUNCH

12:15PM | SESSION 4

IT'S A TRAP: FEAR OF MAN

Beware the Bears: The Seriousness of Sin

Thinking Biblically:

“For we also once were foolish ourselves, disobedient, deceived, enslaved to various lusts and pleasures, spending our life in malice and envy, hateful, hating one another.” Titus 3:3

- ❖ True or False:
 1. Once you are a Christian, you no longer have sin
 2. Only unbelievers deal with a sin problem
 3. I’ve been a Christian for a long time, so sin is not a concern for me anymore

- ❖ THE BEARS

What is Sin?

- ❖ Sin:

- ❖ Transgress:

- ❖ Iniquity:

- ❖ Rebellion:

- ❖ Disobedience:

Where Does Sin Come From?

- ❖ It is *Inherited*: Romans 5:12

- ❖ It *Incapacitates*: Romans 8:7-8

Augustine’s Four States of Man

- *State of Innocence*

- *State of Nature*

- State of *Grace*

- State of *Eternity*

- ❖ It *Infiltrates*: Titus 1:15

- ❖ It requires *Intervention*: John 6:44

 - Spiritual Death*: Ephesians 2:1

 - Physical Death*: Hebrews 9:27

 - Eternal Death*: Revelation 20:10

What Can Be Done About Sin?

- ❖ *Regeneration*: 1 Corinthians 15:22

- ❖ *Repentance*: Acts 3:19

- ❖ *Salvation*: Titus 3:4-7

- ❖ *Sanctification*: Colossians 3:1-17

What Are the Enemies of Sanctification?

- ❖ Indwelling Sin

- ❖ Satan

❖ The World

❖ Sin of Others

The Believer's Relationship to Sin

❖ Biblical Definition of Freedom

1. FROM

2. TO

3. COMMAND

4. PROMISE

Keys to the Kingdom

- ❖ STAY ALERT
- ❖ TAKE SIN SERIOUSLY
- ❖ BE INTENTIONAL
- ❖ GOSPEL POWER
- ❖ FIGHT HARD
- ❖ REST IN CHRIST

Check Your Heart

- ❖ How are you staying alert to the “bears” in your life?

- ❖ What areas of your life reflect the reality of sin and its impact?

- ❖ What will you do to change today in response to God and His Word?

The Green-Eyed Monster: Jealousy & Envy

Thinking Biblically:

“But if you have bitter jealousy and selfish ambition in your heart, do not be arrogant and so lie against the truth. This wisdom is not that which comes down from above, but is earthly, natural, demonic. For where jealousy and selfish ambition exist, there is disorder and every evil thing.” James 3:14-16

World’s View of Jealousy & Envy

- ❖ Chase
- ❖ Build
- ❖ Prove

God’s View of Jealousy & Envy

- ❖ Jealousy:

- ❖ Envy:

- ❖ Sin Not Strategy
 - James 3:14-16
 - Proverbs 14:30

- ❖ Roots:

- ❖ Fruits:

What Can Be Done About Jealousy & Envy?

1. Repentance: Colossians 3:5

2. Contentment: Philippians 4:11-13

3. Gratitude: 1 Thessalonians 5:18
4. Love Others: 1 Corinthians 13:4
5. Renewed Mind: Romans 12:2
6. Follow the Example of Christ: Romans 5:6-8

Keys to the Kingdom

- ❖ CALL IT WHAT IT IS
- ❖ IDENTIFY IDOLS
- ❖ APPLY THE GOSPEL
- ❖ ENCOURAGE OTHERS

Check Your Heart

- ❖ Where do you recognize jealousy and envy in your own life? What does this reveal about your heart, what you treasure, and what you worship?
- ❖ Are you celebrating others' blessings or resenting them?
- ❖ What will you do to change today as you seek to replace envy with gratitude and trust in God?

The Punisher: Unforgiveness & Bitterness

Thinking Biblically:

“Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.” Ephesians 4:32

Biblical View of Forgiveness

- ❖ Command
- ❖ Non-Negotiable
- ❖ Modeled
- ❖ Necessary

Key Scriptures

- ❖ Mark 11:25
- ❖ Matthew 18:21-22
- ❖ Colossians 3:13
- ❖ Psalm 103:10-14
- ❖ 1 John 1:9
- ❖ Luke 17:3

How Does God Forgive?

- ❖ Judicial
- ❖ Parental

Two Sides of Biblical Forgiveness

| Aspect | Attitudinal Forgiveness | Transactional Forgiveness |
|-------------------------|---|---|
| Definition | A personal, inward decision to let go of resentment and bitterness, regardless of the offender's actions or repentance. | A mutual process where forgiveness is granted after the offender acknowledges wrongdoing and seeks forgiveness. |
| Direction | Vertical—between you and God; changes your own heart and attitude. | Horizontal—between you and the offender; involves both parties. |
| Condition | Unconditional; does not depend on the offender's repentance or apology. | Conditional; depends on the offender's repentance and request for forgiveness. |
| Purpose | Frees the offended person from bitterness and prepares the heart for possible reconciliation. | Seeks to restore the relationship and achieve reconciliation. |
| Scriptural Basis | Mark 11:25—Forgive others when you stand praying, regardless of their actions. | Luke 17:3-4—If your brother repents, forgive him. |
| Outcome | Internal peace and readiness to forgive; reconciliation may not occur. | Actual reconciliation if both parties participate. |

Is Biblical Forgiveness Conditional or Unconditional?

- ❖ Unconditional=Forgive from the heart no matter the response of the offender
 - WHEN? To protect your own heart from bitterness

- ❖ Conditional=Repentance required of offender before extending full forgiveness
 - WHEN? Goal is true reconciliation and transformation

Necessity of Repentance

1. When the offender's sin caused real/actual harm (slander, betrayal)
2. When the offender is stuck in ongoing sin (habitual, unrepentant behavior)
3. When the purity of the church is at stake (unrepentant sexual sin)
4. When God's Name or the Gospel Truth is affected (public sin, damaging witness)

Two Paths

1. I will not/cannot/refuse to Forgive
 - a. Lies:
 - “The offense is too serious”
 - “They don’t deserve forgiveness”

RESULT: BITTERNESS

- b. Truth:
 - An unforgiving heart reveals a misunderstanding of God’s grace or even an unconverted heart.
 - Matthew 7:1-2
2. I will gladly/joyfully Forgive!
 - a. Truth:
 - Matthew 6:12—our sin against God far outweighs any offense against us
 - Colossians 3:13—we forgive as we have been forgiven by God
 - Ephesians 4:32—forgive one another as God in Christ forgave you

The Biblical Blueprint for Forgiveness

- ❖ It’s a PROMISE!
- ❖ The Four Promises of Forgiveness (adapted from Ken Sande, The Peacemaker)
 1. I will not dwell on this incident
 2. I will not bring it up again and use it against you (even to myself)
 3. I will not talk to others about it
 4. I will not allow it to stand between us

Keys to the Kingdom

- ❖ Biblical forgiveness is the foundation of reconciliation
- ❖ We must draw from the well of God’s forgiveness of us in order to forgive fully
- ❖ Forgiveness is costly, it demands humility
- ❖ Bitterness is a SIN and forgiveness guards against it!
- ❖ Forgiveness is a GIFT

Check Your Heart

- ❖ Am I holding forgiveness at the tip of my fingers or close to my chest?

- ❖ Is there someone I need to forgive at my heart level? Is there someone I am withholding forgiveness from wrongly?

- ❖ Has bitterness taken root in my heart? What steps should be taken to dig that root up and replace it with a biblical response?

It's A Trap!: Fear of Man

Thinking Biblically:

“The fear of man brings a snare, but he who trusts in the Lord will be exalted.” Proverbs 29:25

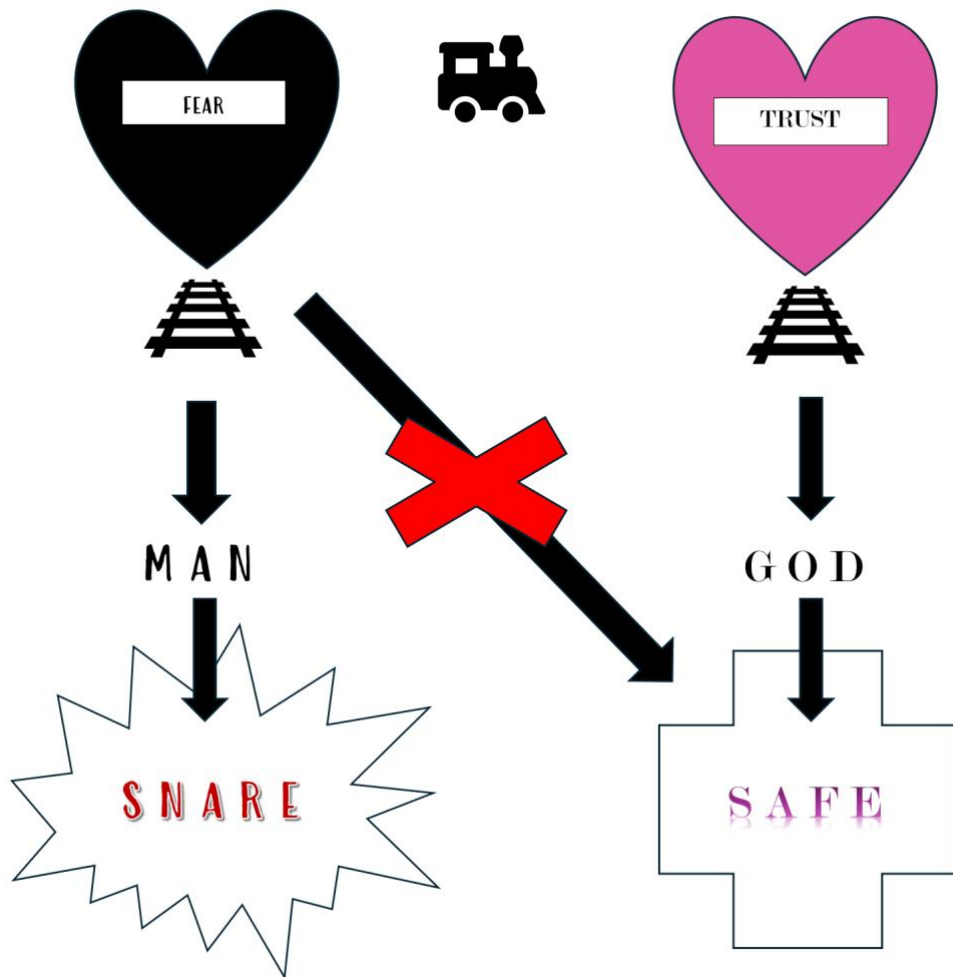
World’s View=Codependency

God’s View=Fear of Man

- ❖ Proverbs 29:25
- ❖ Anatomy of the SNARE

| THE WANT | THE BAIT | THE RESULT |
|--------------------------|---|--|
| Approval | Always say yes, flatter/praise/compliment others, live up to expectations of others | Anxiety & Compromise |
| Security | Focus on reputation, high value on relationships, validation of emotions, seeking affirmation | People-pleasing & Exhaustion |
| Inclusion | Going along with the crowd, changing beliefs/behavior to match the group | Double mindedness, Guilt, & Compromise |
| Peace | Avoid confrontation, suppress convictions, ignore conscience | False peace, Unresolved sin, & Shallow Relationships |
| Success (worldly) | Self-promotion, no regard for others, anything for advancement | Constant Striving, no Rest, & Emptiness |
| Respect | Performance driven, Overachieving, seeking to impress others | Pride, Idolatry, & Burnout |
| Purpose/Worth | Pursuit of high self esteem, focus on self, distorted standard of measurement | Self worship, Confusion, Depression, & Defeat |

Train Tracks



Knowing & Fearing God

- ❖ Proverbs 1:7
- ❖ Fearing God is NOT:
- ❖ Fearing God IS:

| FEAR OF MAN | TRUSTING GOD |
|------------------------------|----------------------------------|
| A Trap | Safety |
| People are BIG | God is BIG |
| Driven by FEAR | Driven by FAITH |
| Emotional rollercoaster | Peace & stability |
| Shifting & unstable | Steady & unchanging |
| What will <i>they</i> think? | What has <i>GOD</i> said? |
| Insecurity in SELF | Confidence in GOD |

What Can Be Done About Fear of Man?

- ❖ Know Who God is: Malachi 3:6, James 1:17
- ❖ Speak Truth from God's Word to yourself: Psalm 118:8
- ❖ Choose Worship Over Worry: Proverbs 3:5-8
- ❖ Examine your Motivation: Galatians 1:10

Keys to the Kingdom

- ❖ Fear of Man=Snareville
- ❖ Fear of God/Trusting God=Safety, Confidence, Freedom
- ❖ It's a choice, live for God or live for people!

Check Your Heart

- ❖ Who or what am I most influenced by in my daily decisions—God or people?
- ❖ Am I feeding the fear of man with my thoughts, words, or habits/actions?
- ❖ What is one attribute of God I need to trust more deeply today?

