

**Regards**  
**Refresh Your Soul**  
**Discover Church**  
**Mark Phillips**  
**June 30,2024**

Regards = To pay **attention** to; to take into **consideration** or **account**; to look **attentively**.

*“The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name’s sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.” Psalm 23*

**Refreshment from Psalm 23**

- The Lord is worthy to be **trusted** as our **provider**
  
- The Lord sees our needs and provides for them at just the **right time** with just the **right purpose**.
  
- The Lord’s **defense** and **protection** show His goodness.

*“Therefore Jesus said again, “Very truly I tell you, I am the gate for the sheep. All who have come before me are thieves and robbers, but the sheep have not listened to them. I am the gate; whoever enters through me will be saved. They will come in and go out, and find pasture. The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.” John 10:7-10*

- The Lord is always **faithful**, **present**, and **interested** in the well-being of his sheep.
  
- The Lord is the **Good Shepherd**

*“I am the good shepherd. The good shepherd lays down his life for the sheep.” John 10:11*

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***Refreshment from Psalm 23***

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- The Lord sees our needs and provides for them at just the \_\_\_\_\_ with just the \_\_\_\_\_
- The Lord's \_\_\_\_\_ and \_\_\_\_\_ show His goodness.
- The Lord is always \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ in the well-being of his sheep.
- The Lord is the \_\_\_\_\_

Scripture: *Psalm 23; John 10:7-10; John 10:11*