

Discover Church
Honest To God
When Doubt Swirls
Mark Phillips
6/18/23

Doubt = When what I feel obstructs what I know

“How long, Lord? Will you forget me forever? How long will you hide your face from me? How long must I wrestle with my thoughts and day after day have sorrow in my heart? How long will my enemy triumph over me? Look on me and answer, Lord my God. Give light to my eyes, or I will sleep in death, and my enemy will say, “I have overcome him,” and my foes will rejoice when I fall. But I trust in your unfailing love; my heart rejoices in your salvation. I will sing the Lord’s praise, for he has been good to me.” Psalm 13:1-6

Overcoming Our Swirling Doubts

1. **Distance** creates our doubt

“How long, Lord? Will you forget me forever? How long will you hide your face from me?” V 1

2. Swirling Doubt **creates** sorrow in our heart

“How long must I wrestle with my thoughts and day after day have sorrow in my heart?” V 2a

3. Doubt **gives** the enemy an opportunity

“How long will my enemy triumph over me?... and my enemy will say, “I have overcome him,” and my foes will rejoice when I fall.” V 2b & 4

The Enemy’s Attacks:

- **Fear**
- **Hopelessness**
- **Powerless**
- **Finances**
- **Relationship**
- **Job**

4. In the middle of doubt, **cry out** to God

“Look on me and answer, Lord my God” V 3a

“Give light to my eyes, or I will sleep in death” V 3b

5. Trust God's **unfailing love**

"But I trust in your unfailing love; my heart rejoices in your salvation." V 5

Hesed

Hesed = a completely undeserved kindness and generosity, it intervenes on behalf of loved ones and comes to their rescue, it is faithful, loyal and love put into action

6. Give **praise** to the Lord

"I will sing the Lord's praise, for he has been good to me." V 6

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Overcoming Our Swirling Doubts

1. _____ creates our doubt
2. Swirling Doubt _____ sorrow in our heart
3. Doubt _____ the enemy an opportunity
4. In the middle of doubt, _____ to God
5. Trust God's _____
6. Give _____ to the Lord

Scripture: Psalm 13:1-6