

The Humble Path to Happiness
Don't Worry, Be Happy
Discover Church
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Path to Happiness

- Money
- Power
- Education
- Job
- Marriage/Family

"Pride leads to arguments" Proverbs 13:10

"Therefore if there is any encouragement in Christ, if any consolation of love, if any fellowship of the Spirit, if any affection and compassion, make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose." Philippians 2:1-2 (NASB)

- Same mind = Mental Harmony
- Maintain the same love = Emotional Harmony
- United in Spirit = Spiritual Harmony
- Intent on one Purpose = Directional Harmony

Four Habits to Reduce Conflict

1. Never let my **pride** be my **guide**

"Do nothing out of selfish ambition or vain conceit." Philippians 2:3a

- **Selfish ambition**

"For wherever there is jealousy or selfish ambition, there will be disorder and every other kind of evil." James 3:16

- **Vain Conceit**

"Don't live to make a good impression on others" Philippians 2:3 (TLB)

2. Be **humble** or I'll **stumble**

"Don't do anything from selfish ambition or vain conceit. Instead, be humble and give more honor to others than to yourself." Philippians 2:3

“God opposes the proud but he gives grace to the humble.” James 4:6

3. Learn the lost art of **paying attention**

“Don’t look out only for your own interests, but take an interest in others, too.” Philippians 2:4

4. Ask what would **Jesus** do?

“You must have the same attitude that Christ Jesus had.” Philippians 2:5

If I am to do what Jesus would do, what exactly is it that Jesus would do?

How to Act Like Jesus

- I don’t **demand** what I think I **deserve**

“Though he was God, he did not demand and cling to his rights as God. He emptied himself of all he had...” Philippians 2:6 (TLB)

- I look for **ways** that I can **serve**

“Instead of this, of his own free will he gave up all he had, and took the nature of a servant. He became like a human being and appeared in human likeness.” Philippians 2:7

- I do what’s **right** even when it’s **painful**

“And when he was living as a man, he humbled himself and was fully obedient to God, even when that caused his death—death on a cross.” Philippians 2:8

*“Therefore God exalted him to the highest place and gave him the name that is above every name,
¹⁰ that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, ¹¹ and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.” Philippians 2:9-11*