

How Did My Life Get JACKED UP So Fast?
Jacked Up
Discover Church
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1. We let down our **guard**

“In the spring, at the time when kings go off to war, David sent Joab out with the king’s men and the whole Israelite army. They destroyed the Ammonites and besieged Rabbah. But David remained in Jerusalem. ² One evening David got up from his bed and walked around on the roof of the palace. From the roof he saw a woman bathing. The woman was very beautiful, ³ and David sent someone to find out about her. The man said, “She is Bathsheba, the daughter of Eliam and the wife of Uriah the Hittite.” 2 Samuel 11:1-3

- **Heart** – we stop guarding our heart.

“Guard your heart above all else, for it determines the course of your life.” Proverbs 4:23

- **Mind** – we don’t think right things

“Be careful what you think, because your thoughts run your life.” Proverbs 4:23 (NCV)

2. We **stiff-arm** God and His people.

“Saul replied, “When I saw that the men were scattering, and that you did not come at the set time, and that the Philistines were assembling at Mikdash, ¹² I thought, ‘Now the Philistines will come down against me at Gilgal, and I have not sought the Lord’s favor.’ So I felt compelled to offer the burnt offering.” ¹³ “You have done a foolish thing,” Samuel said. “You have not kept the command the Lord your God gave you; if you had, he would have established your kingdom over Israel for all time. ¹⁴ But now your kingdom will not endure; the Lord has sought out a man after his own heart and appointed him ruler of his people, because you have not kept the Lord’s command.” 1 Samuel 13:12-14

- **Push** away caring friends.

“The slap of a friend can be trusted to help you, but the kisses of an enemy are nothing but lies.” Proverbs 27:6

- We engage **pride** over help

“Pride goes before destruction, and a haughty spirit before a fall.” Proverbs 16:18

- We trust “my truth” instead of **THE TRUTH**

“There is a path before each person that seems right, but it ends in death.” Proverbs 16:25

- Lack of **Discipline**

“If you listen to constructive criticism, you will be at home among the wise. If you reject discipline, you only harm yourself; but if you listen to correction, you grow in understanding.” Proverbs 15:31-31

- We engage our **Big Mouth**

“Spouting off before listening to the facts is both shameful and foolish.” Proverbs 18:13

Key to preventing a Jacked Up life = **Trust God**

“Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight. Don’t be impressed with your own wisdom. Instead, fear the LORD and turn away from evil.” Proverbs 3:5-7

3. We stop sweating the **small stuff**

“If you are faithful in little things, you will be faithful in large ones. But if you are dishonest in little things, you won’t be honest with greater responsibilities.” Luke 16:10

- Be **faithful** in the **little** things
- Watch your **mouth**

“Others may accuse you of gossip, and you will never regain your good reputation.” Proverbs 25:10

- Live in **peace**

“A heart at peace gives life to the body, but envy rots the bones.” Proverbs 14:30

- Be a **good** person, learn where to put your **trust**

“Those who trust in riches will be ruined, but a good person will be healthy like a green leaf.” Proverbs 11:28

- Don’t be **lazy** and get to work

“Despite their desires, the lazy will come to ruin, for their hands refuse to work.” Proverbs 21:25

4. We live in **denial**

“These are the words of the Amen, the faithful and true witness, the ruler of God’s creation. ¹⁵ I know your deeds, that you are neither cold nor hot. I wish you were either one or the other! ¹⁶ So, because you are lukewarm—neither hot nor cold—I am about to spit you out of my mouth. ¹⁷ You say, ‘I am rich; I have acquired wealth and do not need a thing.’ But you do not realize that you are wretched, pitiful, poor, blind and naked. ¹⁸ I counsel you to buy from me gold refined in the fire, so you can become rich; and white clothes to wear, so you can cover your shameful nakedness; and salve to put on your eyes, so you can see. ¹⁹ Those whom I love I rebuke and discipline. So be earnest and repent. ²⁰ Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me.”
Revelation 3:14-20

- **Lie** to others, **lie** to self

“The crooked heart will not prosper; the lying tongue tumbles into trouble.” Proverbs 17:20

- Leads to **Destruction**

“People who can’t be trusted are destroyed by their own dishonesty.” Proverbs 11:3

Step 1 – **REPENT**

Step 2 – **SWEAT** the small stuff

Step 3 – Cut out **COMPROMISE**

“Now fear the Lord and serve him with all faithfulness. Throw away the gods your ancestors worshiped beyond the Euphrates River and in Egypt, and serve the Lord. ¹⁵ But if serving the Lord seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your ancestors served beyond the Euphrates, or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the Lord.” Joshua 24:14-15