March Madness Stop the Madness Discover Church Mark Phillips March 6, 2022

"My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires." James 1:19-20

Take note = Pay attention

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How is it working for you? (have all questions on one screen all at once)

- Is it making you more like Jesus?
- Is it pointing people to a relationship of intimacy with Christ Jesus?
- Is it bringing you and others to a life of freedom and joy?
- Is it making you more loving?

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Two questions (Bring in one question at a time but have them both on that second slide)

- Do you want to make a *point*?
- Do you want to make a *difference*?

"Jesus replied: "'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.'" Matthew 22:37-39

# HOW DO YOU LET GO OF ANGER?

1. Lower your <u>expectations</u> of others

"People will be lovers of themselves, lovers of money, boastful, proud, abusive, disobedient to their parents, ungrateful, unholy, without love, unforgiving, slanderous, without self-control,

brutal, not lovers of the good, treacherous, rash, conceited, lovers of pleasure rather than lovers of God" 2 Timothy 3:2-4

## Sinful people do sinful things!

### 2. Raise your gratitude for God's grace

"For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast." Ephesians 2:8-9

Jesus didn't call us to be *<u>right</u>*, he called us to be *<u>loving</u>* 

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#### 1. Lower your expectations of others

"People will be lovers of themselves, lovers of money, boastful, proud, abusive, disobedient to their parents, ungrateful, unholy, without love, unforgiving, slanderous, without self-control, brutal, not lovers of the good, treacherous, rash, conceited, lovers of pleasure rather than lovers of God" 2 Timothy 3:2-4

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