

**Becoming a Champion
Overcoming Trials
Discover Church
Mark Phillips
September 27, 2026**

“The question isn't whether you're good enough. The question is whether you're willing to be bad at something long enough to become good at it. Most people aren't.”

How To Overcome Trials

A. Rise in the Fire = **Testing**

“Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.” James 1:2-4

- Center your focus and life on Jesus
- Discover Jesus' unconditional love
- Remember that God is always faithful
- Find strength through faith

“God is our refuge and strength, an ever-present help in trouble.” Psalm 46:1

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.” Matthew 11:28-30

“Jesus answered, “I am the way and the truth and the life. No one comes to the Father except through me.” John 14:6

- **Prayer**
- **Worship**
- **Faith**
- **Hope**

B. Clean the Slate = **Restart**

“Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.” Matthew 7:24-27

Build it on the rock

“You have taken off your old self with its practices and have put on the new self, which is being renewed in knowledge in the image of its Creator.” Colossians 3:9-10

C. Rise Above Challenges = **Resilience**

“Be strong and do not give up, for your work will be rewarded.” 2 Corinthes 15:7

D. Move Mountains = **Faith**

I AM ENOUGH!

False

Evidence

Appearing

Real

“There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.” 1 John 4:18

“I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.” Galatians 2:20

It is God’s Word that...

- Replaces lies with truth
- Promises to give courage
- Gives peace through His presence
- Sets you free by His love

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” Philippians 4:6-7

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C. Rise Above Challenges = _____

D. Move Mountains = _____

F _____

E _____

A _____

R _____

Scripture: *James 1:2-4; Psalm 46:1; Matthew 11:28-30; John 14:6; Matthew 7:24-27; Colossians 3:9-10; 2 Corinthes 15:7; 1 John 4:18; Galatians 2:20; Philippians 4:6-7*