



#### "STRONGHOLDS ARE NOT JUST A FALSE SET OF BELIEFS THAT YOU HAVE, BUT A FALSE SET OF BELIEFS THAT HAVE YOU"



# "STRONGHOLDS ARE ISSUES BENEATH THE SURFACE, THEY ARE INVASIVE AND THEIR HABITATION IS IN HIDDEN PLACES"



demolish: καθαίρεσις: kathairesis from kathaireó (a pulling down); it depicts decisive removal of what opposes God's purpose; stands in deliberate tension with "building up"; demolition, taking down (apart) to destroy, raze



## "FEAR ATTRACTS INFORMATION NEEDED TO VALIDATE ITS EXISTENCE"



#### "WORSHIP A FALSE IMAGE, RECEIVE A FALSE INHERITANCE"



### "GENERATIONAL STRONGHOLDS ARE BROKEN BY TRUSTING GOD AND YOUR FAMILY'S INHERITANCE IS SET IN ORDER BY WORSHIPPING HIM"

Freedom

# "PERHAPS ONE OF THE GREATEST STRONGHOLDS AMONG CHRISTIANS IS TO BELIEVE THAT GOD EXISTS, BUT TO DOUBT THAT HE WILL PERFORM"



#### "BREAKING STRONGHOLDS MEANS YOU MUST BEGIN TO SEE YOUR THOUGHTS AS POTENTIAL SUSPECTS"



#### "YOU COULD BE ONE UNSURRENDERED THOUGHT AWAY FROM A STRONGHOLD"



# "A STRONGHOLD IS A LIE THAT CAN BE DEMONICALLY INFLUENCED"



#### "BITTERNESS AND SELFISHNESS ARE ROOTED IN THE DYNAMIC LIES OF LACK AND LUST"





#### "TRIGGERS THAT RESULT IN NEGATIVE OVERREACTIONS COULD BE DEMONICALLY INFLUENCED STRONGHOLDS ROOTED IN SELF PRESERVATION"

Weapon	Greek Term	Meaning
Belt of Truth	alētheia (ἀλήθεια)	Objective and personal truth that holds everything together
Breastplate of Righteousness	dikaiosynē (δικαιοσύνη)	Justified status and righteous living
Shoes of Gospel Peace	hētoimasia (ἑτοιμασία)	Readiness to move forward with the message of peace
Shield of Faith	pistis (πίστις)	Trust in God's promises that extinguishes enemy attacks
Helmet of Salvation	sōtērion (σωτήριον)	Mental protection through assurance of salvation
Sword of the Spirit	rhēma (ῥῆμα)	The spoken Word of God as a weapon in spiritual battle
Praying in the Spirit	en pneumati (ἐν πνεύματι)	Spirit-empowered, continual prayer activating the whole armor