



Message Notes & Life Group Study Guide
August 26-27, 2017
Best Spiritual Practices: Spiritual Friendship
Dr. Kurt Bjorklund

MESSAGE NOTES

1 Thessalonians 5:14

Friends _____ us when we are _____.

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Friends _____ us when we are _____.

STUDY GUIDE

Reference:

Open in prayer and read 1 Thessalonians 5:12-14.

Review:

What was one thing from this weekend's message that challenged, confused, or stood out to you?

Reflect:

1. Who's marked you most in your life as a spiritual friend? Why?

2. At which of the 3 characteristics of spiritual friendship are you best?

Remember, a spiritual friend...

- a. Admonishes when we're wayward
- b. Assures us when we're weary
- c. Assists us when we're weak

3. What does it mean to you to journey together as a Life Group? How does discipleship fit in?

4. In what ways has Jesus been the best spiritual friend to us? What about you personally?

Respond/Reinforce:

Encourage someone in your life who's been a good spiritual friend to you. Either encourage them in person or write them a card. Make it personal and specific.