



July 7-8, 2018
Messy Families: Cain and Abel
Dr. Kurt Bjorklund

MESSAGE NOTES

Genesis 4:1-12

1. Sin destroys through Violence. (Genesis 4:8-12)
2. Violence emerges from Unresolved Anger. (Genesis 4:6-7)
3. Anger emerges from a lack of Acceptance. (Genesis 4:1-5)

LIFE GROUP STUDY GUIDE

Reference:

Open in prayer and read Genesis 4:1-12.

Review:

What was one thing from this weekend's message that challenged, confused, or stood out to you?

Reflect:

1. Something about Cain's sacrifice displeased God. Presumably, God had previously given instructions on what constituted a pleasing sacrifice. In a sense, Cain represents those in our day who believe they can make their own path to God instead of trusting Jesus. What trauma have you seen that resulted from someone (maybe yourself) making their own path?

2. Consider Genesis 4:7. How does sin "crouch at the door" in *your* life? What approaches have you found effective in "ruling over" sin?

3. As you seek to be transformed by the Gospel, what idea(s) from this message do you need to remember, especially as it relates to anger, hatred, or violence?

Respond/Reinforce:

Check out the scriptures by participating in the Summer Bible Reading Plan. Choose the 30-day or 100-day option. Copies are available online or at the Connect Center. Read only the scriptures in blue if you are following the 30 day reading plan; read all of the scriptures if you are following the 100 day reading plan.