



Message Notes & Life Group Study Guide  
November 17-18, 2018  
Life Hacks: Living in Spiritual Community  
Dr. Kurt Bjorklund

**MESSAGE NOTES:**

James 5:13-20

Benefits of Spiritual Community

1. When we are hurting, we need prayer. James 5:13-18
2. When we are cheerful, we need praise. James 5:13
3. When we are wandering, we need truth. James 5:19-20

**STUDY GUIDE:**

**Reference:** Open in prayer and read James 5:13-20.

**Review:** What was one thing from this weekend's message that challenged, confused, or stood out to you?

**Reflect:**

1. Share about a time when you were "in trouble" (v. 13). Whether good or bad, how did the things mentioned in this passage play out in your life, especially as it pertains to the church's involvement?

2. How does prayer help those who are suffering or struggling?
  
  
  
  
  
  
  
  
  
  
3. How often do you put into practice the command to confess our sins to one another? Why does James consider this a valuable practice?
  
  
  
  
  
  
  
  
  
  
4. One of the greatest gifts we give to one another is the gift of our need, allowing them to express their spiritual gifts in ministry to us. Why are people often unwilling to ask for help?
  
  
  
  
  
  
  
  
  
  
5. How comfortable are you in calling someone out on the sins that can damage them (vs. 19-20)? Explain.
  
  
  
  
  
  
  
  
  
  
6. What is our responsibility to those who are suffering because of their own misdeeds ... in other words, who are reaping the harvest of their own sins?

**Respond/Reinforce:** What is the most significant struggle you are facing right now? Go to your Life Group, a life stage pastor, or someone else you trust and ask them to pray over you about that situation.