



Life Group Study Guide
May 6- 7, 2017
Dismissing Jesus: Do Not Be Anxious
Dr. Kurt Bjorklund

Take a minute before you start discussing this week's message to revisit last week's "Respond/Reinforce" section of the "Love Your Enemies" Study Guide. Give a quick update about how you decided to take positive action on behalf of someone who has stood in opposition to you. How did it go?

Reference:

Open in prayer and read Matthew 6:25-34.

Review:

What was one thing from this weekend's message or scripture reference that stood out to you?

Reflect:

1. What do you think people worry about most in our culture? Are they similar to the things Jesus mentions in this passage?
2. What in your life is causing you the most anxiety or worry right now?
3. Consider verse 27. In this verse Jesus insinuates that when we worry we are trying to control or change our circumstances in some way. How have you seen this play out in your own life? How has worrying reflected your attempt to control your circumstances in some way?
4. Why is it wrong for us to be anxious or try to change our circumstances by worrying?
5. In verse 32 Jesus says that our Father knows that we need things like clothing and food. Whether significant or insignificant, how have you seen God provide for your needs?
6. Read verse 33. As you think about your own life, what do you think it means for you to "seek first his kingdom and his righteousness"? How will this relieve your anxiety and worry?

Respond/Reinforce:

Read and meditate on Psalm 84. Praise God for the ways He has provided for you and lay your current worries at His feet. Be honest with Him and ask Him to help you to trust Him.