

THE RACE 2024

WEEK 2 - SELFLESSNESS

Have you ever been on a team or in a group where someone focused only on their own success? How did that affect the team's performance?

What does Paul mean when he says, "Do nothing out of selfish ambition or vain conceit"? How does that apply to our lives today?

Why is it sometimes hard to put others' interests above our own? What makes us want to prioritize our own needs and desires?

How does Jesus' example of humility and selflessness challenge how we usually think about success and greatness?

In what areas of your life do you struggle with selfish ambition? How can you start to change your mindset in those areas?

What practical ways can you value others above yourself in your daily interactions with friends, family, or teammates?

How can we celebrate others' successes without feeling jealous or overlooked?

What does it look like to serve others without expecting anything in return? Can you think of a time when you or someone did this for you?

How can we regularly remind ourselves to check our motives and focus on others rather than seeking recognition?

What's one specific action you can take this week to practice selflessness, either in your friendships, family, or on a team?

