

PROCESSING

The Holy Spirit forms us through prayer.



We live in the most information-saturated moment in history. This can be overwhelming or even addicting.

One thing is for sure: information influences formation.

Jesus emphasized the importance of the "eye" as our attention and focus.

Let's explore the call to set our minds on things above so we can be formed into the character of Christ by the renewing of our minds.



ICEBREAKER

Tell about a time you pulled an all-nighter.

SCRIPTURE

Read about Jesus' habit of praying before big decisions in Mark 1:35-39 and Luke 6:12-16.





LEARNING FROM HIS STORY

Some of Jesus' most momentous decisions came after extended prayer.

- A. Can you describe a decision you devoted a lot of prayer to?
- B. Or a time when prayer changed your plans (or someone else's).
- 2. Long prayer sessions aren't just a Jesus thing, our Christian ancestors did that, too. Why do you think it's such a rare practice now?

EXAMINING OUR OWN STORY

- 3. Have you ever processed information with God? What do you imagine that even looking like?
- 4. In what seasons or situations are you most likely to pray?
- 5. In what seasons or situations are you most likely to forget to pray?

WRITING A NEW STORY

- 6. Perhaps these prayer sessions of Jesus looked more like simply thinking things through with the Father than the more formal prayer session we tend to imagine. What could it look like, practically speaking, for you to have a planning or processing session with God?
- 7. What kinds of information are most-worth processing in prayer?
- 8. How would you explain the concept of prayer to someone who grew up surrounded by atheists?

