

being human

IN HIM WE LIVE AND MOVE AND HAVE OUR BEING



BOOK 2, CHAPTER 2

Relational Beings: Spiritually-Present Physical Family

THIS WEEK

Breaking Negative Patterns

What does your family tree look like? Few things are capable of bringing the kind of love and joy that our families can bring. But there are also few things that can cause us more turmoil than our families!

Since our families are capable of passing down both blessings and curses, shouldn't we each do our part to create spiritually-present physical family relationships that will leave a blessing for generations to come? Join us as we dig into the past and envision a future that God desires for the family.

ICE BREAKER

What would be harder for you to quit: caffeine or sugar?

BOTTOM LINE

We can be a generation that changes our family's trajectory!

GROUPS SCRIPTURE

Read 2 Chronicles 33:21 - 34:7 to hear how King Josiah broke negative patterns.

CHECK OUT TODAY'S SCRIPTURE & VIDEO AND TAKE TIME TO DISCUSS A QUESTION OR TWO FROM EACH SECTION.

LEARNING HIS STORY

1. All of Judah's kings were compared, for better or worse, with their forefather, King David. Is there anyone in your family, past or present, who everyone looks up to or remembers as particularly awesome?
2. Have you known anyone personally who is a kind of "Josiah" and did a 180° turn from the direction their family was headed?
3. What impresses you the most about Josiah's story?

EXAMINING OUR STORY

4. Have you ever thought about sins in your own life going back to your parents' lives? Or your grand- or great-grandparents' lives?
5. Do you live under any kind of fear that if you ever have children, you will pass on a generational sin to them?
6. What are some unhealthy relational patterns in your family of origin going back a few generations that you've already seen broken in your own life or by others in your extended family?

FINDING A NEW STORY

7. What has been the biggest help to you in breaking negative patterns in your life?
8. How do you know when breaking a negative pattern might mean setting healthier boundaries in your family relationships?



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