

THE RACE

week 3

Text: Ephesians 5:5-6

Theme: Truth and Integrity

Big Idea: Don't let the world redefine what God has made clear.

- **The Hurt: Culture constantly tries to redefine what's right and what's acceptable.**
- **The Answer: God's truth doesn't shift, and it anchors who we really are.**

Main Small Group Question:

Where do you feel the most pressure to redefine what's right?

Follow-Up Questions:

1. **Why do you think it's hard to stand for truth when others around you don't?**
2. **What's one example of a "gray area" people often try to excuse?**
3. **How can knowing God's standards give us peace instead of pressure?**
4. **What are some ways to lovingly speak truth without being judgmental?**
5. **What would it look like to live with more integrity this week?**