



Family Series Companion

Understand the Series

Throughout September, students will walk through Ecclesiastes 3 and explore what it means to take greater ownership of their faith in the season they are living.

Week 1: Own the Moment. Scripture: Ecclesiastes 3:1-8; Matthew 6:31-34

We cannot control every season, but we can choose how we respond to God within it. You don't own the season. You own your response.

Week 2: Seek God for Yourself. Scripture: Ecclesiastes 3:9-11; Matthew 7:7-11

We will not understand everything God is doing. Jesus invites us to keep asking, seeking, and pursuing Him through our questions. Questions can move us toward God instead of away from Him.

Week 3: Enjoy the Good. Scripture: Ecclesiastes 3:12-13; Luke 15:25-32

God gives good gifts and invites us to receive and enjoy them instead of always wishing we were somewhere else. Don't wait until the good days are gone to realize they were good.

Week 4: Build a Faith That Lasts. Scripture: Ecclesiastes 3:14; Matthew 7:24-27

Seasons and emotions change, but God does not. A lasting faith keeps returning to Jesus. Don't build your faith on a season that was always going to end.

Week 5: Celebrate and Continue. Scripture: Ecclesiastes 3:14-15; Philippians 1:3-6

The Race ends, but God's work does not. Students will look back at what God began and consider what they want to carry forward. The Race ends. What God is doing does not.



Notice and Connect

Your student is increasingly forming a faith of their own. Give them room to think out loud, ask questions, and wrestle with what they believe without feeling like every conversation needs an immediate solution.

Week 1

What feels outside your control right now?
What part of it is yours to own?

Week 2

What have you been wondering about lately?
Is there a question about faith you would like to explore?

Week 3

What is good about your life right now that would be easy to overlook?
What might you miss about this season someday?

Week 4

What helps you stay connected to Jesus when you do not feel motivated?
What makes that harder?

Week 5

What from this month are you glad happened?
What do you want to keep going?

Listen with curiosity and ask follow-up questions. Sometimes pursuing an answer together is more valuable than immediately providing one.



Practice Together

Choose one or two during the month. These are meant to create natural opportunities for faith at home, not another lesson.

Give Some Ownership

Let your student lead something your family normally decides for them. Afterward, connect that responsibility to the growing ownership they have for following Jesus.

Ask Me Anything

Invite your student to ask one question about God, Scripture, faith, or your own experience following Jesus. Answer honestly, even if the answer is, "I don't know, but we can look into it together."

Enjoy a Gift Together

Do something your family already enjoys and name it as one of God's good gifts. Thank Him for the people, opportunities, or ordinary things He has given you.

Attach Faith to a Rhythm

Choose something your family already does regularly, such as driving to school or eating dinner, and attach a simple spiritual practice to it for one week.

Speak a Blessing

Tell your student something you see God developing in them, then pray briefly that He will continue that work.

Prayer

God, thank you for meeting us in every season. Help us trust you with what we cannot control, seek you through our questions, enjoy the good gifts you give, and build our lives around Jesus. Continue the good work you begin in us as one season gives way to the next. Amen.