

being human

IN HIM WE LIVE AND MOVE AND HAVE OUR BEING



BOOK 1, CHAPTER 2

Integrated Beings:
Healed & Whole

THIS WEEK

Denial & Indulgence

Jesus declared that He came so that we “may have life and have it abundantly.” The whole of Scripture testifies that God desires to redeem and restore His Creation. That means God wants you to be healed & whole, physically and spiritually.

We believe this abundant life is not exclusively reserved for the afterlife. As followers of Jesus, we are invited into a foretaste of healing and wholeness now. Therefore, we pray for healing and obey God’s instructions that lead us into more and more of the abundant life for which we were made.

ICE BREAKER

Share a favorite memory of a celebration.

BOTTOM LINE

Both self-denial and celebration are pathways toward the full life Jesus promises.

GROUPS SCRIPTURE

Read the account of Jesus turning water into wine in John 2:1-11.

CHECK OUT TODAY'S SCRIPTURE & VIDEO AND TAKE TIME TO DISCUSS A QUESTION OR TWO FROM EACH SECTION.

LEARNING HIS STORY

1. What are some possible reasons why this gospel author would begin his account of Jesus' ministry with His participating in feasting & celebrating?
2. Are you familiar with other examples of feasting and celebration in the biblical library?
3. The fact that Jesus was always welcome at a party says something about his joyful disposition. Do people know us by our joy?

EXAMINING OUR STORY

4. What are examples of ways we can easily fall into legalistic moralism that doesn't have room for joy & celebration?
5. What are examples of ways we can easily fall into overindulgence that can distract or enslave us?

FINDING A NEW STORY

6. What could celebration & feasting look like in the 21st century life of a follower of Jesus?
7. What could self-denial look like in the 21st century life of a follower of Jesus?
8. How do we find a healthy rhythm in these two practices?



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