

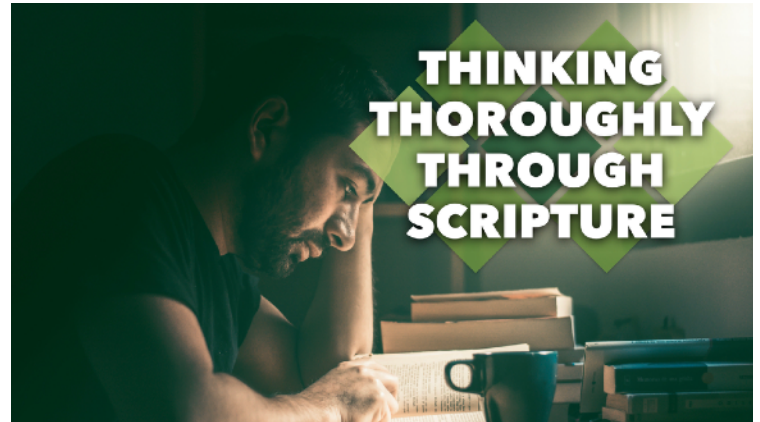


week four

memorization & meditation

bottom line

When God's Word abides in us, His life is formed in us.



corresponding teaching content

Invite your group members to watch the corresponding teaching by Pastor Neil on LivingInhabit.com's Media page before you begin this week's discussion guide.

group icebreaker

Is there anything you memorized as a child that you still remember today?

reading scripture together

Read about *God's Charge to Joshua* in Joshua 1:1-9.

play today's group intro video



week four

memorization & meditation

suggested discussion questions

getting connected with scripture:

- Why do you think God gave the Israelites His Law through Moses before He gave them the Promised Land through Joshua?
- *Read verses 7-8 again.* What do you believe are the connections between the command to be strong & courageous and the command to hold God's Word tight?
- *Especially for guys:* How could the Joshua story challenge the cultural stigma associated with practices like memorization & meditation as being unmanly?

getting practical with our faith:

- What are your personal hangups or challenges with memorization?
- What questions or concerns do you have around the idea of practicing meditation?
- Does repeatedly visiting the same passage(s) of Scripture feel like a waste of time?
- When you or I can't stop remembering & rehearsing a bitter memory or a cause for worry, how does that eventually affect us or even change us?
 - How might the effects of remembering & rehearsing Scripture be similar and how would they be different?

apply: after part three of today's video

- What common things do people still memorize and what is your analysis of how we typically accomplish this?
- Are there any parts of Scripture you have already memorized or nearly memorized?
 - If so, what could it look like to take greater advantage of God's Word already in you? What's a next step toward regularly meditating or praying through it?
- **This Week:** Finish memorizing/begin meditating on Psalm 23 or The Lord's Prayer.