



Week 4: Build a Faith That Lasts

Senior High

1. What is a time when your faith felt especially easy, strong, or exciting? What made that season different?
2. Ecclesiastes 3:14 says that what God does endures forever. What are some things people commonly build their identity or faith around that do not last?
3. In Matthew 7:24–27, both people hear Jesus' words, but only one puts them into practice. Why do you think hearing something true is not enough to build your life on it?
4. What currently helps keep you connected to Jesus when you are motivated? What tends to disappear when motivation is low?
5. What is one spiritual practice you could realistically continue even during a busy, stressful, or spiritually dry week?

Junior High

1. What is something you have been really excited about for a while, but eventually lost interest in?
2. Why can following Jesus feel easier at camp, on a retreat, or when everyone around you is excited about faith?
3. Jesus compares following His words to building a house on rock. What do you think makes a faith strong enough to keep going when life changes?
4. What usually makes it harder for you to pray, read Scripture, worship, or stay connected to other Christians?
5. What is one simple practice that could help you keep returning to Jesus even when you do not feel especially motivated?

Practice: Stay With Scripture

Read Matthew 7:24–27 slowly, then sit in silence for one minute. Read it again and ask students to notice one word, phrase, or image that stands out, followed by another minute of silence. Read it a final time, then invite anyone who wants to share what stood out before closing with a brief moment of silence.