



Week 3: Enjoy the Good

Senior High

1. What is something from an earlier season of your life that you did not fully appreciate until it was gone?
2. Ecclesiastes 3:12–13 says enjoying life, doing good, and finding satisfaction in our work are gifts from God. Why can it sometimes be hard to simply enjoy something good without immediately wanting something more?
3. In Luke 15:25–32, the older brother had his father, his home, and everything that belonged to the family, yet he was miserable. What kept him from enjoying what he already had?
4. What good thing in your life has become so normal that you rarely notice it anymore?
5. How can you enjoy something God has given you without making that thing the source of your identity or happiness?

Junior High

1. What is something you used to complain about that you now kind of miss?
2. Ecclesiastes says that enjoying food, work, and the good things in life can be gifts from God. What are some ordinary things in your life that you genuinely enjoy?
3. Why do you think we sometimes notice what we do not have more easily than what we already have?
4. In Luke 15:25–32, what was the older brother so focused on that he could not enjoy being with his father?
5. What is one good thing in your life right now that you would like to appreciate more while you still have it?

Practice: Chase a Question

Have each student write down three good things that are part of their life right now. They do not have to be important or spiritual. They might be a person, a place, a routine, an opportunity, something they enjoy doing, or something they get to be part of.

Then have them choose one and decide how they will intentionally enjoy it this week