

# Ephesians 6:14-15

## Scripture Translations:

“Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness” NKJV

“Put on truth as a belt to strengthen you to stand in triumph. Put on holiness as the protective armor that covers your heart.” TPT

“So stand firm *and* hold your ground, having tightened the wide band of truth (personal integrity, moral courage) around your waist and having put on the breastplate of righteousness (an upright heart)” Amplified

## Key Words, Phrases & Definitions: (Use an online Greek dictionary to define these words)

- Stand
- Gird
- Truth
- Put on
- Breastplate
- Righteousness

## Verse Re-write: (use back of paper)

### Questions:

1. As Paul lists the individual armor one must “put on” as we fight this good fight of faith against demonic powers, explain your own personal experiences to keep “standing”.
2. Are any of these defensive pieces of armor and offensive weapons available outside of Christ? Explain.
3. How does one appropriate and apply the belt of truth and breastplate of righteousness?
4. Find and list examples of these two areas in Yahshua’s life and ministry.
5. Which parts of the body are being protected by pieces of armor and what do they spiritually represent?

### Faith Declarations and Christ Appropriations:

- Literally put on Christ by identifying with and appropriating the examples you gave in the questions section (#4).
- Declare emphatically these qualities of Yahshua will manifest in your life repeatedly and consistently.
- Repudiate, deny and denounce, any facets and features of your life and lifestyle that would try to convince you these qualities are not wholly and fully available to you for application right this very moment.