

# DISCIPLESHIP HANDOUT

## THE BLUEPRINT OF WHOLENESS

### BUILD ME FIRST

#### *God's Design Before the Assignment*

Apostle Asia Roberts-Francis Corner Stone Deliverance Church Discipleship

## 1. LESSON OVERVIEW

God never sends what He has not first shaped. Before the assignment comes the alignment. Before the ministry comes the maturity. Before the building comes the blueprint. This message calls believers into a season of inner reconstruction, where God heals, restores, and establishes the foundation necessary to carry destiny.

## 2. KEY SCRIPTURES

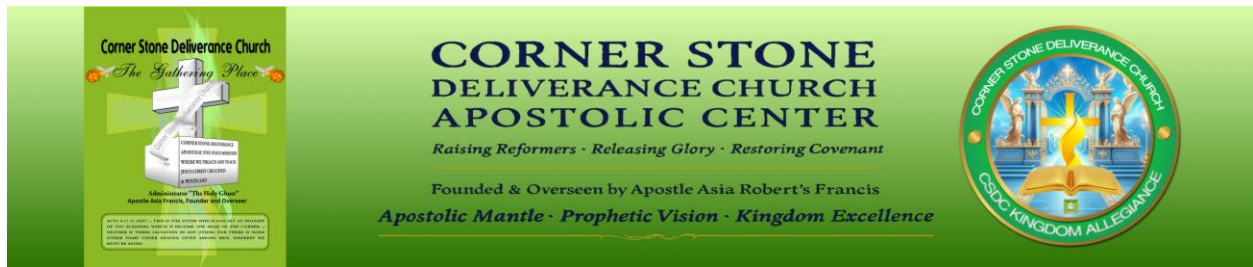
- **Philippians 1:6** – He completes the work He begins.
- **Ephesians 2:10** – We are His workmanship.
- **1 Thessalonians 5:23** – Wholeness in spirit, soul, and body.
- **Psalms 147:3** – He heals the brokenhearted.
- **James 1:2–4** – Trials produce maturity.
- **Proverbs 3:5–6** – Trusting God's process.
- **Isaiah 40:31** – Renewal comes through waiting.

## 3. MAIN POINTS

### 1. God Builds the Inner Man Before the Outer Assignment

You cannot carry what you have not been prepared to sustain.

CORNER STONE DELIVERANCE CHURCH APOSTOLIC CITY  
 P.O. BOX 1143, EDENTON NC 27932  
[www.cornerstonedeliverancechurch.com](http://www.cornerstonedeliverancechurch.com)  
 P: (516)985-7577  
 E: [cornerstonedeliverancechurch@gmail.com](mailto:cornerstonedeliverancechurch@gmail.com)



## 2. Wholeness Is a Requirement, Not an Option

Broken foundations cannot support divine weight.

## 3. Healing Is Part of Your Calling

Your restoration becomes your authority.

## 4. God Uses Process as a Blueprint

Every season, pressure, pruning, and waiting are architectural.

## 5. Your Identity Must Be Settled Before Your Assignment

You minister from who you ARE, not what you DO.

## 4. REFLECTION QUESTIONS

1. What areas of my life need rebuilding?

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2. Where have I tried to build without God's blueprint?

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3. What wounds still need healing?

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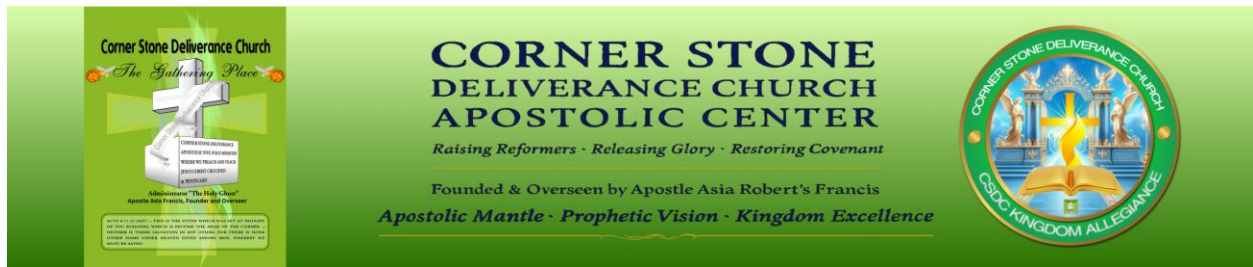
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4. What is God requiring me to surrender?

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5. What does wholeness look like for me?

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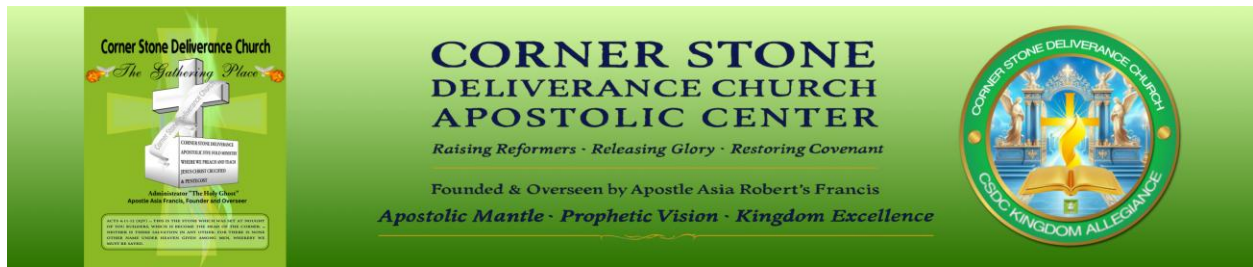


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# 7-DAY DEVOTIONAL

## *The Blueprint of Wholeness*

### DAY 1 — The Work God Started

**Scripture:** Philippians 1:6 **Reflection:** God is committed to your process. **Affirmation:** *God is completing His work in me.* **Prayer:** Lord, finish what You started in my life. **Call to Action:** Identify one area where you need God's touch.

### DAY 2 — You Are His Workmanship

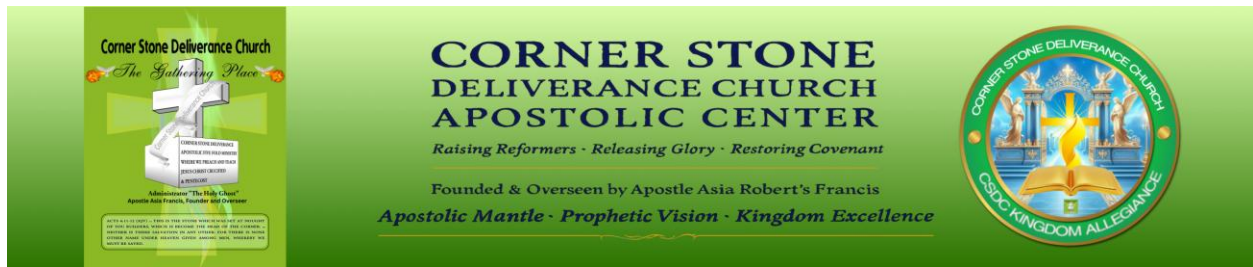
**Scripture:** Ephesians 2:10 **Reflection:** You are designed with intention. **Affirmation:** *I am crafted by God with purpose.* **Prayer:** Shape me according to Your design. **Call to Action:** Write down what God created you to do.

### DAY 3 — Healing the Broken Places

**Scripture:** Psalm 147:3 **Reflection:** God heals what you hide. **Affirmation:** *My heart is being restored.* **Prayer:** Heal the wounds I've carried silently. **Call to Action:** Journal one wound God is healing.

### DAY 4 — Wholeness in Spirit, Soul, and Body

**Scripture:** 1 Thessalonians 5:23 **Reflection:** Wholeness is holistic. **Affirmation:** *I am becoming whole in every area.* **Prayer:** Sanctify every part of me. **Call to Action:** Do one thing today that nurtures your soul.



## DAY 5 — The Process Produces Maturity

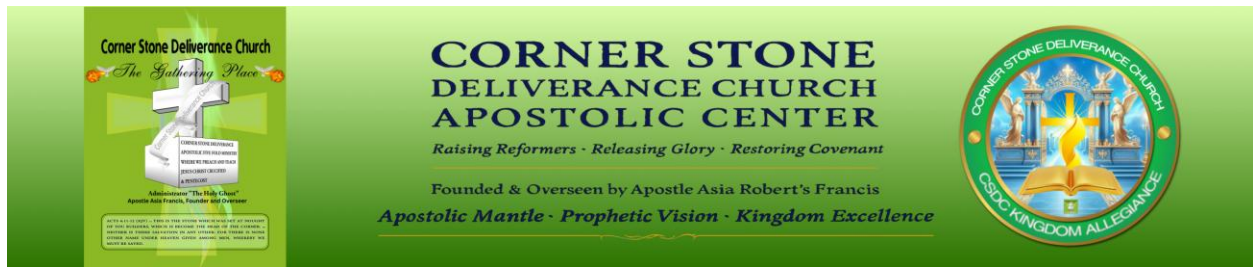
**Scripture:** James 1:2–4 **Reflection:** Trials are tools, not punishments. **Affirmation:** *I embrace the process that matures me.* **Prayer:** Give me grace to endure and grow. **Call to Action:** Identify a trial that shaped you.

## DAY 6 — Trusting God's Blueprint

**Scripture:** Proverbs 3:5–6 **Reflection:** Trust is the foundation of wholeness. **Affirmation:** *I trust God's plan for my life.* **Prayer:** Lead me in Your straight path. **Call to Action:** Release one area you've been controlling.

## DAY 7 — Renewed Strength for the Assignment

**Scripture:** Isaiah 40:31 **Reflection:** Renewal precedes release. **Affirmation:** *I am strengthened for my assignment.* **Prayer:** Renew my strength for what You've called me to do. **Call to Action:** Spend 10 minutes in quiet waiting before God.



# DISCIPLESHIP QUIZ (10 QUESTIONS)

## *The Blueprint of Wholeness*

1. According to Philippians 1:6, what does God promise to complete?

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2. What does it mean to be God's workmanship?

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3. Why is wholeness necessary before assignment?

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4. What scripture teaches that God heals the brokenhearted?

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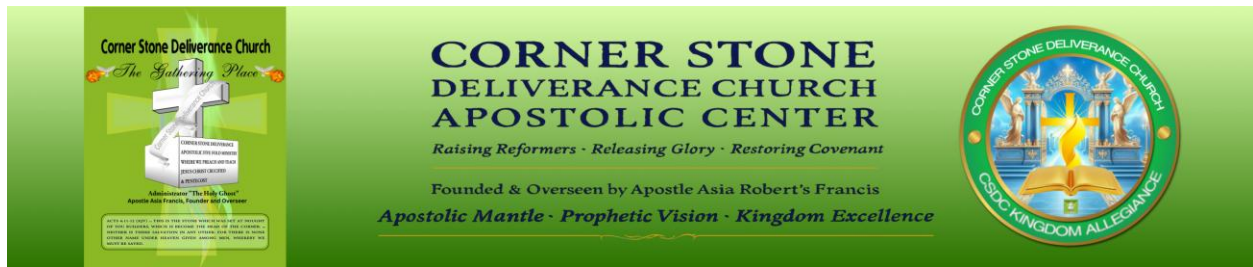
5. What are the three parts of the human being mentioned in 1 Thessalonians 5:23?

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6. How do trials contribute to spiritual maturity?

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7. What does Proverbs 3:5–6 instruct us to do?

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8. Why is identity important before ministry?

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9. What is one sign that God is rebuilding your inner man?

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10. What does Isaiah 40:31 promise to those who wait on the Lord?

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