



THE DISCIPLINE AND ANOINTING OF ENOCH

“Before his translation he had this testimony, that he pleased God.”

H E B R E W S 11:5

Reflection Worksheet

Theme: *Walking With God — The Discipline and Anointing of Enoch*

Reflection Questions

- What does it mean for you to “walk with God” daily?
- Which area of your life needs more discipline to align with God’s will?
- How can you live so that heaven testifies about your faith?
- What does the promise of resurrection mean to you in times of trial?
- How can you encourage others to believe to the end?

Key Scriptures

- Genesis 5:24
- Hebrews 11:5
- John 11:25–26
- 1 Corinthians 15:52
- Acts 7:55–56

Daily Practices

- Begin each day with prayer and Scripture meditation.
- Practice obedience in small decisions.
- Keep a journal of how you are pleasing God.
- Encourage one person in their faith walk each week.
- End each day with thanksgiving for the hope of resurrection.

Handout Outline

Title: *The Discipline and Anointing of Enoch — Believing to the End*

- **Main Points:**
 - Discipline of Walking With God
 - Anointing of Pleasing God

- Heaven's Testimony of Faithful Witnesses
 - Hope of Resurrection
- **Key Takeaway:** Heaven bears witness to those who walk in faith, and God will raise us up.
- **Memory Verse:** Hebrews 11:5 — *“Before his translation he had this testimony, that he pleased God.”*
- **Action Step:** Commit to one daily discipline this week that strengthens your walk with God.

Quiz (Review & Reinforcement)

1. What was Enoch's testimony before God took him?

- A) He was a mighty warrior
- B) He pleased God
- C) He built an ark
- D) He led Israel out of Egypt

2. Who offered a more excellent sacrifice, and God testified of his righteousness?

- A) Cain
- B) Abel
- C) Noah
- D) Moses

3. Who was taken up by a whirlwind into heaven?

- A) Elijah
- B) Moses
- C) Abraham
- D) Stephen

4. What future event does Enoch's translation foreshadow?

- A) The giving of the Law
- B) The resurrection of believers
- C) The destruction of the temple
- D) The exile of Israel

5. At Jesus' baptism, how did heaven testify about Him?

- A) By sending angels
- B) By opening the heavens and speaking
- C) By giving Him a crown
- D) By sending fire