# LIFE GROUP GUIDE

## **PAUSE**

**SUGGESTED TIME: 1-2 MINUTES** 

Before officially beginning group time, have someone lead the group through a pause prayer. Take a few deep breaths. Give everything and everyone to God. Open your heart and mind to hear from Him and ask the Spirit to lead and guide everything that follows.

## CATCHING UP

### **SUGGESTED TIME: 10-20 MINUTES**

We catch up because we care about the details of one another's lives! As a family, we want to know about the ups, downs, and everything in between! What has brought you joy lately? Is there something you need prayer for? Make space to continue getting to know one another!

## **IMPACT**

### **SUGGESTED TIME: 10-20 MINUTES**

We exist as a church to bring hope into all of the places God has put us. Impact time helps us remember that we carry the hope of the gospel!

Who in your life seems hopeless? Who in your life might you be able to share hope with this week?

Take time to pray for these people.

## SERMON DISCUSSION

#### **SUGGESTED TIME: 20-40 MINUTES**

As we open God's Word together, we see who God is and grow to love Him more and more! Each time we discuss the sermon, it is an opportunity to be transformed! Have someone read What do we see about who God is in these verses? Have someone recap the sermon. What are some examples of how other brothers and sisters have helped you feel part of our church family? What experiences help stir up your love for Jesus? Can you recall a time where you simply took a minute to love Jesus? What did that look like? How has someone brought hope to you? In what ways have you sensed God bringing you hope?

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## ENGAGE THE HEART

**SUGGESTED TIME: 20-40 MINUTES** 

Taking time to put our sins into the light is one of the fiercest weapons we have against the enemy. Our enemy would love for us to keep things hidden, to believe the lie that our sin isn't a big deal, or to believe that we are the only ones who struggle in this way. When we put our sins into the light, we are free from the lies of the enemy, we have fellowship with one another, and we get to walk in victory over sin!

[John 15:4, 1 John 1:8-9, James 5:16, and 1 John 1:5-10]

- 1. Cast vision for this time.
- 2. Confess sin.
- 3. Prayerfully listen for God to lead.
- 4. Dig deeper by asking questions.
- 5. Give gospel assurance to one another.
- 6. Pray.

Is there something you feel led to put into the light? Is there a way you want to more fully step into loving Jesus, being family and bringing hope? Where have you been struggling to trust God? Is there a lie you have been tempted to believe lately? Is there something you sense God calling you into? Is there something disrupting your union with Jesus? What is the good news of the gospel for what has been confessed?