

LIFE GROUP GUIDE

CATCHING UP

SUGGESTED TIME: 10-20 MINUTES

As a church family, we value connecting with one another through catching up! **What has been good this week? Is there anything you need prayer for?**

IMPACT

SUGGESTED TIME: 10-20 MINUTES

Because God has appointed each season of our lives, He has a plan for how He wants to use us to build His Kingdom in the places He has put us. **How can your particular season of life be leveraged to make an impact?**

PAUSE

SUGGESTED TIME: 1-2 MINUTES

Before officially beginning group time, have someone lead the group through a pause prayer. Take a few deep breaths. Give everything and everyone to God. What do you need to let go of? Open your heart and mind to hear from Him and ask the Spirit to lead and guide everything that follows.

SERMON DISCUSSION

SUGGESTED TIME: 20-40 MINUTES

We take time each week to open God's word, dive in together, and be reminded of the truth because it transforms us! *Have someone read Ecclesiastes 3:1-14.* **What do we see in these verses? What is freeing about these truths? What can feel frustrating about these truths? How would you describe your current season of life? Do you tend to get stuck thinking about the past or the future? What might it look like to receive the gift of the present? What does Jesus show us about the story we are living in? What does the cross teach us about God's control even over the most difficult circumstances?**

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ENGAGE THE HEART

SUGGESTED TIME: 20-40 MINUTES

Jesus steps into the story! This is good news because He experienced the full range of seasons, emotions, and experiences. He was perfectly obedient in every season, and He gives us His perfect record when we trust Him. He proves that God is in control of even the darkest moments. We are free to confess where we have failed because Jesus did not fail!

[John 15:4, 1 John 1:8-9, James 5:16, and 1 John 1:5-10]

1. Cast vision for this time.
2. Confess sin.
3. ***Prayerfully listen for God to lead.***
4. Dig deeper by asking questions.
5. Give gospel assurance to one another.
6. Pray.

Where are you resenting or resisting your current season? What are you trying to control that only God can? How can you trust God more fully this week? Is there anything disrupting your union with God? What is the good news of the gospel for what has been confessed?