

Following Jesus When Life is Too Full Genesis 3:16a To the woman he said, "I will surely multiply your pain in childbearing; in pain you shall bring forth children.

Genesis 4:1 Now Adam knew Eve his wife, and she conceived and bore Cain, saying, "I have gotten a man with the help of the Lord."

Genesis 4:8; 16 Cain rose up against his brother Abel and killed him.

16 Then Cain went away from the presence of the Lord.

Genesis 4:25-26 And Adam knew his wife again, and she bore a son and called his name Seth, for she said, "God has appointed for me another offspring instead of Abel, for Cain killed him." ²⁶ To Seth also a son was born, and he called his name Enosh. At that time people began to call upon the name of the Lord.

Genesis 3:16b-17a Your desire shall be contrary to your husband, but he shall rule over you. ¹⁷ And to Adam he said, "Because you have listened to the voice of your wife and have eaten of the tree of which I commanded you, 'You shall not eat of it,' cursed is the ground because of you;

Genesis 3:17b-19a cursed is the ground because of you; in pain you shall eat of it all the days of your life; ¹⁸ thorns and thistle it shall bring forth for you; and you shall eat the plants of the field. ¹⁹ By the sweat of your face you shall eat bread,

Matthew 13:22 As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the deceitfulness of riches choke the word, and it proves unfruitful.

Genesis 3:19 By the sweat of your face you shall eat bread, till you return to the ground, for out of it you were taken; for you are dust, and to dust you shall return."



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