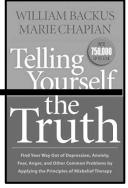
Matthew 5:34-37 But I tell you, do not swear an oath at all: either by heaven, for it is God's throne; ³⁵ or by the earth, for it is his footstool; or by Jerusalem, for it is the city of the Great King. ³⁶ And do not swear by your head, for you cannot make even one hair white or black. ³⁷ All you need to say is simply 'Yes' or 'No'; anything beyond this comes from the evil one.

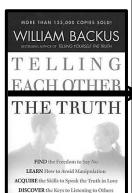
- Matthew 26:63 The high priest said to him, "I charge you under oath by the living God: Tell us if you are the Messiah, the Son of God."
- > Paul using a court type oath Romans 1:9; 1Corinthians 15:31; 2Corinthians 1:23; Galatians 1:20; Philippians 1:8

Five Types of Lack of Honesty!

1.	(Enthusiasm)
2. i	<u>in the moment</u> (Embarrassment / Eagerness to please / Intimidated / Talking before thinking) Gen. 18:15 What to do when you are pretty sure your KIDS are lying to you! i. You are a wonderful son/daughter. I love you & am proud of you. ii. I have an inkling you may be lying – I will be investigating thoroughly.
ii	i. Offer a "Mulligan"/ "Do Over" with two levels of punishments: A LOW punishment for the transgression & a very HIGH punishment for lying! Not keeping commitments! Loyal?! Ps. 41:6, On Time? (Overwhelmed, Disorganized, Irrational,
4.	<u>Intentional Deception</u> – of lying Psalm 63:11, 120:2, Prov. 12:22, 19:5, 26:28, Col. 3:9
5.	Lying to (Blamers) Prov. 16:2, Jer. 17:9 i. Honesty does NOT mean JUDGING or sharing every thought! Being honest is only about facts or about how someone's

- words or actions impacted you. It is NOT about WHY they did what they did.
- ii. MOST of all, Being Honest STARTS with being HONEST with God about what HE wants to do in **MY** HEART!
- 1. What Is Misbelief?
- 2. Do We Really Want to Be Happy?
- 3. Misbelief in Self-Talk
- 4. Misbelief in Depression
- Misbelief in Anger
- 6. Misbelief in Anxiety
- 7. Misbelief in Lack of Self-Control
- 8. Misbelief in Self-Hate
- 9. Misbelief in Fear of Change
- 10. Misbelief in Never Taking a Chance
- Misbelief in Our Relationships With Others
- 12. Misbelief in Being Indispensable
- 13. More Misbeliefs Guaranteed to Make You Miserable
- 14. What Must I Do to Be Miserable?





- 1. Say What You Want to Say
- 2. Nothing's Wrong with Saying "I"
- 3. Attacking and Defending vs. Speaking the Truth in Love
- 4. Manipulation by Guilt
- Ask and It Shall Be Given You—How to Make Requests
- 6. Free to Say No
- 7. Dealing with Critical People
- 8. How Matthew 18:15 Keeps You from Blowing Up
- "If He Listens to You": The Loving Art of Listening
- 10. Wrapping the Truth in Love
- 11. Telling the Truth in Social Talk—Small Talk
- 12. The Truth Does Not Set Us Free