

# Bible **Reading** vs. Bible **STUDY**

***WIN Everything!***

*The Door to Victory  
in EVERY area of Life!*



## Purpose of Booklets

These are **short starter** studies on **sensitive** subjects that **stir & stimulate** you toward **Biblical, practical** information that show that **Jesus** has **great answers** to some of life's **hardest questions**.

At [www.FamilyBibleStudies.TIPS](http://www.FamilyBibleStudies.TIPS) & the Family Bible Study App each booklet is a free download along with a short podcast explaining each booklet.

The website and app also has:

*“One Terrific Tip to make  
Family Bible Studies  
Everyone’s FAVORITE time of the week!”*

The website and app also give lists of different **categories** for the booklets as well as ways to use the booklets in:

1. Bringing **friends** to **Christ**
2. As a resource for **Pastor’s sermons**
3. **Small group** Bible studies in a **church**
4. As a **resource** for Christian **counselors**
5. Bible studies with **friends** or **co-workers**
6. For your own **personal growth & Bible** study
7. Christian **business owners** to serve their **customers** or **employees**

## What if I Don’t Agree with What I Read?

There is always a good chance that I am wrong or that I have poorly communicated. I always encourage each person to research on your own. It may be that your research helps me and others to find God’s heart more clearly.

We all seek His truth by the two Bible measures of:

1. what is **clear** and **consistent** in **God’s Word** and
2. what bears the **Fruit** of **Jesus** in the lives of those who follow that application.

In heaven, all of God’s purposes in God’s Word will be clear and our actions will be aligned with God’s Word. I constantly ask myself, what will we **act** like and **believe** when we are in **heaven**. This is my goal in these booklets.

*“Thy kingdom come; thy **will** be **done** on **earth** as it is in **heaven**”*

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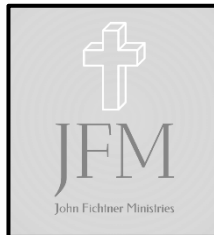
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## You Win EVERYTHING!

For almost **50** years, I have constantly asked Jesus **ONE Question**.

*“If I only had **30 minutes** to share with a Christian friend  
the **ONE TRUTH** that will **UNLOCK***



***EVERY Other Truth**  
in **God’s Kingdom**  
and*



***GUARANTEE** them **VICTORY**  
in **EVERY Area** of their **Life...**  
what is that **ONE Truth?** “*

**This booklet** is the **ANSWER** to that Question.

### Four Preface Points

1. This booklet causes you to study the subject of **“HABITS”!**  
*“Habits” is a FASCINATING Subject.*  
*When you understand habits it gives you tools for EVERY area of your life from your exercise habits to reducing your schedule stress.*
2. This booklet is for your **Children & your Friends!**  
*If you ALREADY have a rich daily study of God’s Word, I am super proud of you and cheering you on. This booklet may give you a few fun tips.*  
*However the MAIN FOCUS is for your Children & Friends who do NOT have a rich daily Bible study.*  
*For them, it is LIFE or DEATH to find ways to study the Bible daily that are Easy, Enjoyable and Effective – Every Day!*
3. This booklet **ENDS** with a **specific LIST** of **every victory** you will eventually receive.
4. These are some of the **EASIEST** habits you will ever add to your life.

## My Personal Story

I have always known that **God's Word** is the answer to this question.

*Jn 6:63 The **words** that I have spoken to you are **spirit & life***

I have spent a **lifetime** having God's Word be **fascinating daily food** that **fed** and **strengthened** me. I have seen that daily eating of God's Word unlocks every blessing in God's Kingdom.

Yet so many sincere Christians feel **intimidated, bored or confused** by **God's Word**. For them, reading God's Word is like **eating an elephant**. It can be **overwhelming**.

Even worse, I have seen many Christians study God's Word to **prove** their **personal emphasis** or to **show** how **smart** they are.

- God's Word is **LIFE!**
- God's Word is **FOOD** for our **spirits!**
- God's Word is **DIRECT ACCESS** to the **heart & mind** of God!

May I share the **8 points** of a **story** that began to unlock victory and hope for many others.

### 1. **1980's – The "One Year Bible" is Published.**

I bought one of the first editions of the One Year Bible.

Having seen so many people get into spiritual **error** because they would **pick** and **choose** to read **only** their **favorite** Bible verses, I immediately saw the benefit of the One Year Bible.

I saw that a structured plan that offers the **entire Bible every year** would keep my heart healthy and humble. My **goal** would always be to **know God's heart** instead of emphasizing my favorite subjects.

### 2. The **One Year Bible** allowed me to **always** be **refreshed** because of the **mixture** of **verses**.

Everyone gets sluggish and tired reading through the heavy chapters in the Old Testament prophetic books.

Because every day I am offered 2 O.T. chapters, 1 N.T. chapter, a Psalm and a few verses from Proverbs, I am guaranteed to always find at least **one verse** that **encourages** me.

Unlike other reading plans, all the verses from the O.T., N.T., Psalm & Proverbs are **right there** on a **few pages** every day.

### 3. The **Dramatic Secret** – Read vs. **STUDY!**

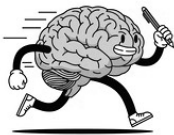
**EVERY** day I sought to **WRITE** one comment on one thing **I learned** from one verse.



I call this a **SECRET** because many do not understand the difference between **READING** the Bible and **STUDYING** the Bible. Our **brains, hearts, and spirits HUNGER** to **LEARN!**

- **EVERY** Christian I have ever met who does **NOT** write daily in their Bibles finds Bible **READING** to be a **hard, boring struggle**.
- **EVERY** person who **writes daily** in their Bible finds their Bible **STUDY** to be **refreshing and strengthening**.

Our brains take in **9.5 million** bits of information every day. **99%** of that information is **forgotten**.



**Writing** down an insight engages our **brains** at a **rate** that is approx. **10 times faster**. When you **read** the bible, your brain moves at around **10-15 Hz./sec**. When you **WRITE DOWN** an insight your brain activity **increases** to **80-100 Hz./sec**.

Writing down an insight **releases creativity** and **cognitive processing** at the **highest** level. Writing puts your insight **deeply** into your **long-term memory**.

**Rereading** that insight the **following year**, brings the insight into both **long-term** and **short-term** memory.

I learned early that the **ONLY** way the Bible would be **alive** for me is if I **WRITE** down at least one insight. Once I made it my goal to write down one insight each day, my daily reading became very **consistent, rewarding** and **short**. I moved from **READING** to **STUDYING** God's Word!

Once I wrote down an **insight**, I knew that I was **done** for that day, and I felt **spiritually full** and **well fed**.

### 4. I do **NOT** try to be **PROFOUND** in my insights.

Many times I **just write one word** like: "**Funny**" or "**Wow**" or "**Brave**" or "**Dangerous**". Many times I simply write down my **emotional reaction** or my **questions**. I have learned that these guttural responses really please the Lord and that HE steadily answers all of my questions over the years.

Demons of **Performance & Pride** pressure us to write something impressive or important. God likes our guttural emotional responses.

## 5. **After 3 years I had an Amazing Gift for a Friend.**

This bonus surprised and overwhelmed me. Usually after 3 or 4 years, I needed a **new** One Year Bible because **my** Bible was **filled** with many **notes**.

I discovered that my One Year Bible with my personal written notes was the **BEST GIFT** I could ever give to a **seeker**.

So many people are hungry to know more about Jesus. When I gave them the gift of my **personal** Bible with my personal **notes**, they were **deeply touched**.

I was **confident** that they would **always** be able to **grab some point of insight**, just by **reading my notes** and that those notes would **keep** them reading the **Bible regularly**.

I discovered that the **MORE** they read **my** brief notes, the **MORE** they learned to **LOOK** for insights **themselves**.

## 6. Writing **IN** my **One Year Bible** is much **Better** than a **Journal**.

Some people are deeply committed to their Journals. Journals are OK and I don't discourage them. However, it is **always better** to start with writing in your actual Bible for three reasons.

- i. Notes in a Bible **connect directly** to an underlined **verse**.  
Notes in a journal have no direct connection to scripture.
- ii. Notes in a Bible tend to be more **concise, clearer & shorter**.
- iii. Notes in a Bible **produce a Bible** that you can **give away** to a child, grandchild, friend, or co-worker every 3-4 years.

Please hear me that I am NOT against journals. I think that prayer journals are wonderful and powerful. I simply suggest that your Bible study notes should always **first** be written in your Bible.

In both **business** and **relationships**, clear and concise communication always **enhances success**. Writing a **FEW** words in your Bible will grow clear concise communication as a great habit.

BTW – You can purchase versions of the One Year Bible with **extra-large margins** for more **room to write notes**.

## 7. Then **Covid Changed** my Life!

**Churches** were **shut down**. People were **isolated** and **afraid**.

God used this horrible time to bring something beautiful into my life. My brilliant wife suggested that I take these insights from 35 years of writing notes in the One Year Bible and **produce a daily 1-minute insight** into a **verse** from **that day's** passage of the One Year Bible.

Each video is **60** seconds or less.

These videos met a **deep need** in our people. Our overall **participation** in daily Bible study **surged** from **5-10%** of our church to **over 80%** of our church. That growth has **remained** ever since Covid.

Each year we produced 365 completely different one-minute videos tied to a verse from each day's reading in the One Year Bible.

In **EVERY** video, you feel filled because you **LEARN** something.

The **instant** you **learn** something that makes a **verse come alive**, your **faith surges** and you **feel spiritually fed**.

## 8. Our **Spiritual Growth Exploded**

These videos combined with learning to write in our Bibles has produced **deeper**, more **consistent** spiritual **growth** and spiritual **confidence** in our people than anything I have ever seen in almost 50 years of pastoring.

Everyone enjoys the short videos and most of our church quickly adopted the One Year Bible.

### **How do I access the one minute videos?**

Our videos are completely free with no requests for personal information and no strings attached. They are called DDDs, which stands for "*Daily Devotional Dialogues*".

They are available on our app, our website & on every social media site connected to **Liberty Church – Marietta**.



We also give a free One Year Bible to any person in our church who desires one. We have given away thousands of One Year Bibles.



## Winning EVERYTHING!

Here are the

### Three Warfare battles

#### Spiritual Warfare

you must

#### UNDERSTAND

so you can

### Win EVERYTHING

in your life!



### Warfare # 1 – Understanding “DAILY” habits.

There are very, very FEW things you do EVERY day of your life.

You probably brush your **teeth** every day. Maybe you brush your **hair** or wash your **face** every day. Other than fasting times, you **eat** every day.

Any true DAILY habit has **four** traits.

1. It is **EASY, SHORT & CONVENIENT!**
2. It is **REWARDING!**
3. It is **HARMFUL** to **NOT** do this habit!
4. It is **IMPORTANT!**

For your own eternal soul and for the lives of your children, please recognize that GOD is the one who created these four factors in daily habits.

If we can apply these four traits to our Bible study time, then we will study the Bible **every day** of our lives and **enjoy it more** every year.



## Warfare # 2 – The Perfect PRIORITY Pattern!

Brushing our teeth has all four traits of daily habits, **PLUS** brushing our teeth has **One MORE Reason** why we go decades never missing a day.

Our Perfect Priority Pattern is that almost everyone who **brushes** their **teeth** every day does so **right before** they go to **sleep**.

This Perfect Priority Plan gives “**Consistency with Flexibility**”. We sleep at **Different** times, yet we are **Consistent** in brushing our teeth.



If you had a **choice** between your son brushing his teeth for **15 MINUTES** – – **3-6 Times per Week**  
 – **OR** – he can brush his teeth for  
**15 SECONDS** – – **EVERY** Night for **Decades**  
 which would you choose?

**Consistency** makes every habit **easier** and more **enjoyable**.

If you want your children to love daily studying of God’s Word, then they need to understand the “**Consistency with Flexibility**” of saying:

*“I will **NOT** eat **Natural Food**  
 until  
 I have eaten **Spiritual Food.**”*

Picture your **14 yr. old** or **26 yr. old** son. He has not missed a day of studying his Bible in many years. He has a **HORRIBLE** Day where he oversleeps and everything goes wrong.

By **3pm** in the afternoon, he is **grumpy, tired, irritated, starving** and he does **not** have his Bible handy. He takes **90 seconds** to watch a one minute video and write one thought in his phone that he will transfer to his Bible tomorrow, before gobbling down a sandwich.



Here is the **BIG** Question! How does he **FEEL** right **NOW**?

He turned a **BAD** day into a **GREAT** day in **90 seconds**. He feels **STRONG Spiritually** and he is sincerely **PROUD** of himself.

He is **more committed** than ever to **NEVER MISSING** a day of eating God’s Word.

Teach this victory to your children!



### Warfare # 3 – PRIDE says: “**ONLY I**” can find this truth.

It may be that you find your **own** spiritual insight **3-4 times a week** and only use the insight from the one minute devotional 3-4 times per week.

You may be super **impressive** and only need the spiritual insight from the one minute devotional **3-4 times per month**.

If you feel that **ALL** of your Bible insights for your daily breakfast should **ONLY** come from you, this is **Dangerous** and **NOT Biblical**.

The Bible constantly speaks about the need for **TEACHERS** of God’s Word in our lives. Gal. 6:6, I Tim. 5:17, Heb. 13:7, I Thess. 5:12-13

**Yes**, the Lord Jesus wants to give us **personal** insights. Those personal insights are refreshing sweet gifts from the Holy Spirit.

However, insights from someone **else** are **just** as refreshing and just as much the leading of the Holy Spirit in our lives.



Getting your  
**OWN**  
insights  
into God’s Word  
is like  
**Cooking  
Pancakes**  
for breakfast.

Using the  
one minute  
devotional  
is like eating a  
healthy  
**Protein  
Bar**  
for breakfast.



**BOTH** are the **Holy Spirit** filling you with  
**His Spiritual Strength for Today!**

## Don't Destroy your Children!

Satan loves to bring his favorite **demonic** word into our minds when we open our Bibles. That word is “**SHOULD**”. I “*Should*” be reading the Bible. Over almost 50 years of pastoring, I have seen that most Christians have tied this demonic word “*Should*” to the Bible most of their lives.

Because they never learned these wisdom points, their Bible time is often inconsistent, boring, discouraging, tiring, confusing, and an uncomfortable obligation.

It is **NOT** a short, delicious **breakfast**.



As much as sincere Christians are abused daily by Satan with this evil word “*Should*”, their **CHILDREN** feel this word **SO MUCH MORE**.

To these children of Christians, the Bible is a hard, boring, confusing, overwhelming book that they “*Should*” read.

- They don't know **WHY** they should read it.
- Even more, they don't know **HOW** to consistently study the Bible every day in ways that encourage and feed them spiritually.

The **Opposite** of “*Should*” is “**Hungry**”. We don't eat breakfast because we “*Should*”. We eat breakfast every day because we are “**Hungry**”.

### Hunger = More In-Depth Bible Studies

A great breakfast makes you hungry for **more food later** in the day.

When you learn to spend 2-10 minutes studying God's Word before you eat natural food, you will find yourself regularly having **MORE HUNGER** to eat more of God's Word.

Some days you read more and study more **ONLY** because you are hungry.

- Each day you grow **more CONFIDENT** spiritually.
- Each day letting Jesus live through us seems **easier** & more **enjoyable**.

I have seen hundreds of examples of how this habit makes people so **consistent** and **confident** in their Bible reading that they become **HUNGRY** for **MORE** of God's Word.

I have watched as they then join the many options of great **in-depth Bible studies** that are available in the Body of Christ.

## Our SONS – I am a “**SUCCESS**” or I am a “**FAILURE**”!

Men have approximately **20 times** more **testosterone** than women. For parents of young men, it is important for us to remember what the effects of testosterone are on the male brain.

Because of testosterone, all men tend to only hear two words our entire lives. Those words are “**Success**” & “**Failure**!”



We hear the word “**Failure**” much more **Quickly** and much more **Often**, inside our heads.

Most of us men spend our entire lives hearing the word “**Failure**” pound inside our heads **constantly**. We fear the word “**Failure**”, yet we can’t seem to escape it.

The word “**Success**” seems much more **elusive**. It feels like trying to hold **water** in our **hands**. As we grasp for “**Success**” it seems to **slip away**.



Understanding this constant **Painful Pounding** in a man’s soul is essential to understand the importance of turning Bible study into a daily “**Success**” for a man where he is a “**Success**” - **EVERY day** of his life!

If a man can have a spiritual breakfast **EVERY** day in 2-10 minutes before he eats any natural food, then he has **ONE SOLID VICTORY** every day of his life where he is a “**Success**” in the **Most IMPORTANT** area of life.



“**Success**” equals **STRONG**!



I urge everyone, but especially **MEN**, to read **OUT LOUD** the 20 areas where you will **WIN** in the **Conclusion**!

Those points help you realize that the daily eating of God’s Word is **NOT** just the most **IMPORTANT** area of life.

It also gives you victory in **EVERY** area of life.

It makes you **STRONG** in every area!

You now know

### WHY

daily eating God’s Word is your **Top Priority**.

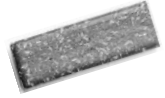


## Chap. 5

## Two Simple Questions for your Future

1. If you **NEVER** give yourself **Permission** to **SKIP** eating of God's Word **every** day.

*(BUT ALSO have the wisdom to know that on **SOME** really **Hectic** days, you need to eat a **Spiritual Protein Bar** in **90 Seconds** at **3pm** in the afternoon so that you can then **gobble down a sandwich**)*



will this habit get **EASIER & EASIER** until it is as **normal** as **brushing your teeth** every day?

Will you also get **STRONGER & STRONGER** in all 20 areas listed in the conclusion so that each year, you have more and more **success**?



*I haven't missed an evening of brushing my teeth in 50 years.*

- *Brushing my teeth is **NOT** a **Discipline** for me.*
- *Brushing my teeth is **NOT** a **Daily Decision**.*

*Brushing my teeth has moved into the **super easy** category of being a  
**"Automatic Daily Habit"**.*

*There is **nothing** more **rewarding** and **refreshing** than to have your Daily Bible Study become an **"Automatic Daily Habit"** where you don't have to make a **Decision** or **fight** for **Discipline**.*

2. Is this a **Strict** System or can I make **Variations**?

YES, DEFINITELY, 100% you can make **ALL** the **VARIATIONS** & Adjustments you like.

- Some people **learn best** from *"Trial & Error"*
- while others **prefer** well-established systems already in place.

The **goal** of this booklet is to ask you to gain wisdom in *"Habits"* so that you, your children and your grandchildren can all consistently and joyfully eat of God's Word every day.

# Conclusion

## 21 Areas where you



# Win EVERYTHING!



1. Your **Communication Skills** will constantly grow by **Writing** every day

Because you **activated** your **brain**  
to 80-100Hz./sec. every day,

2. You will become **ADDICTED** to **Growing** and **Learning**.

Because you **understand HABITS** –  
you will **constantly improve** in:

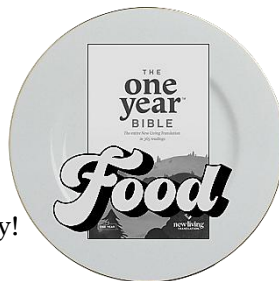
3. **Eating** habits
4. **Exercise** habits
5. **Schedule Stress Reduction**

Because you **PRIORITIZED** God's Word,  
God's **FAVOR** will be strong on you.

6. Your **Humility & Tenderness** will increase every year.
7. Your **Wisdom** in **KEY DECISIONS** will grow every year.
8. Your **JOB** will constantly see God's **Favor & Wisdom!**
9. You will be **Confident** that your **CHILDREN** will **WALK** with **JESUS**.
10. You will understand **GOD'S PLEASURE** on you.
11. Christian couples will know the victory of mutually serving each other to produce a **GREAT MARRIAGE**.

12. You will become more and more **EMOTIONALLY HEALTHY**.  
*You will have constantly increasing victory over Discouragement, Depression and Anxiety and will become more Positive, Confident, and Discerning every year!*
13. In **CONFLICTS** you will know the victories of humility and boundaries that bring you a **Strife-Free Life**.
14. You will know the **Thrill** of **LEADING OTHERS** to Jesus.
15. You will know God's **GRACE** which changes our hearts so that we **WANT to do God's will**.
16. You will know the **VOICE of God** filled with the **Power** and **Intimacy** of personally knowing the **HOLY SPIRIT**.
17. You will stay **servng** and being **deeply involved** and in a Healthy Bible Believing **LOCAL CHURCH**.
18. You easily **Give and Receive God's FORGIVENESS** as you **live daily** in the power of the **Blood of Jesus**.
19. **JOY** and **Laughter** will increase in your life!

These **Last Two**  
are the **BEST**.



20. You will **Wake Up** **Spiritually HUNGRY** every day!
21. You will have great **Confidence** that you are **GOING to HEAVEN** when you die!

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