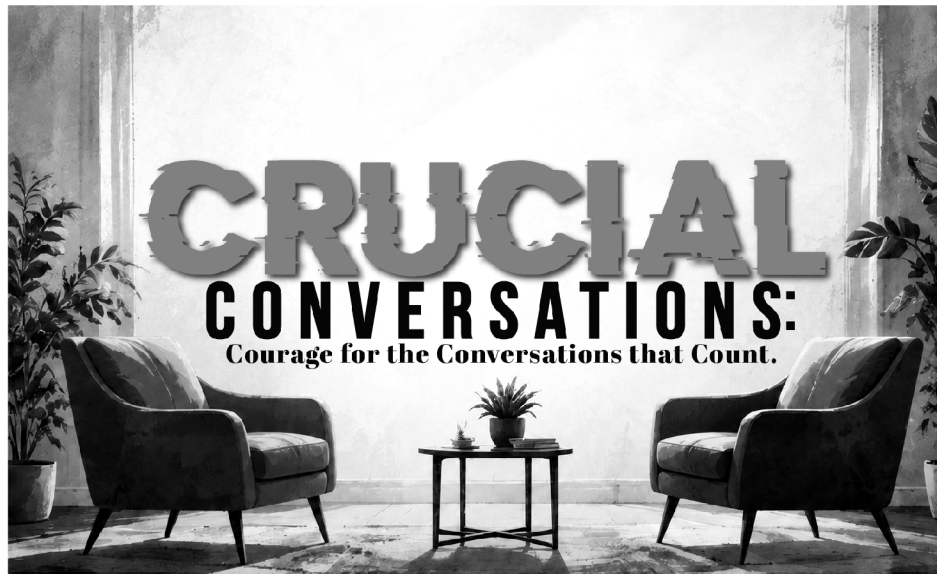




PASTOR STEPHAN LORENZ

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¹⁴ As a result, we are **no longer to be children**, tossed here and there by waves and carried about by every wind of doctrine, by the trickery of people, by craftiness in deceitful scheming; ¹⁵ **but speaking the truth in love, we are to grow up in all aspects into Him who is the head, *that is*, Christ,** ¹⁶ from whom the whole body, being fitted and held together by what every joint supplies, according to the proper working of each individual part, **causes the growth of the body for the building up of itself in love.** — *Ephesians 4:14–16 (NASB)*

It is a conversation or discussion among 2 or more people where...

- ☐ Stakes are
- ☐ Emotions run strong.
- ☐ There are differing opinions.

The way you handle high-stakes conversation will determine how successful you are in life and in relationships!

“Our success in life is equal to the ability to .”

- #1** We can avoid the conversation and hope it goes away.
- #2** We can have the conversation and handle it poorly.
- #3** We can have the conversation and do it well.

“Our lives begin to end the day we become silent about things that matter.” — MARTIN LUTHER KING JR.

Being able to have Crucial Conversations is a that can be learned!

STEP 1

Have the before the conversation!

with the end in mind.

- | | |
|--|---|
| ☐ I want to be heard! | ☐ I want us to be in a good place after this conversation is over. |
| ☐ I want to say what I want to say! | ☐ I want to find a way forward and rectify this. |
| ☐ I want them to end up in a good place. | |
| ☐ I want them to feel cared about and understood. | |

“The single biggest problem in communication is the illusion that it has taken place.” — GEORGE BERNARD SHAW

out all emotions!

³ Why do you look at the speck that is in your brother's eye, but do not notice the log that is in your own eye? ⁴ Or how can you say to your brother, 'Let me take the speck out of your eye,' and look, the log is in your own eye? ⁵ You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye! — *Matthew 7:3-5 (NASB)*

do not help us converse effectively!

till we feel ready! for them.

- ☐ Write it all down.
- ☐ Practice it in front of a mirror.
- ☐ Role-play with someone you trust and who gives honest feedback to you.

¹ Therefore if there is any encouragement in Christ, if any consolation of love, if any fellowship of the Spirit, if any affection and compassion, ² **make my joy complete by being of the same mind,** maintaining the same love, united in spirit, intent on one purpose. ³ Do nothing from selfishness or empty conceit, but with humility consider one another as more important than yourselves; ⁴ **do not merely look out for your own personal interests, but also for the interests of others.** ⁵ Have this attitude in yourselves which was also in Christ Jesus. — *Philippians 2:1-5 (NASB)*

STEP 2

a safe zone for the conversation!

You know *this*, my beloved brothers *and sisters*. Now everyone must be **quick to hear**, slow to speak, *and* slow to anger; — *James 1:19 (NASB)*

One who gives an answer before he hears, it is foolishness and shame to him. — *Proverbs 18:13 (NASB)*

When you confront someone about a problem, you are setting a !

A boundary is your property line. It defines who you are, where you start and end, and where others begin!

STEP 3

Have the conversation!

THE CONVERSATION I NEED TO HAVE
