

# Stress & Time Management pt. 1

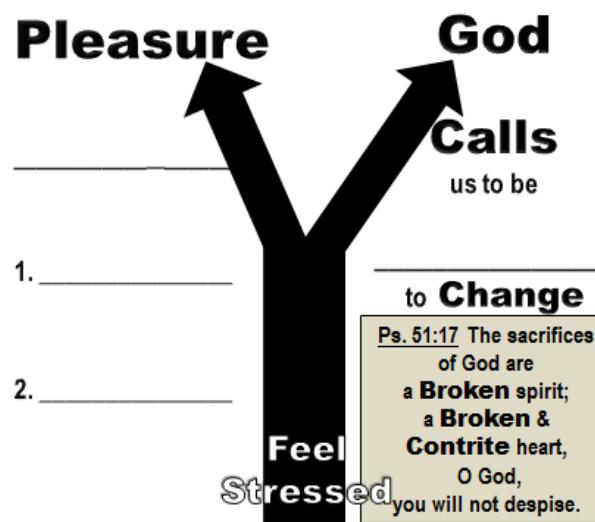
1/11-13/2013



Mechanics of Materials - Definition of Stress

External Pressure Divided by:

Internal \_\_\_\_\_



In **Stress** God is calling me to be **WILLING** to:

1. Change the Way I



In **Stress** God is calling me to be **WILLING** to:

2. Change my

