



Week 1: Rejoice in the Lord

1. What was the first car you owned like?
2. Read Philippians 4:4-7. What are the things this verse is asking us to do? What does this verse say the result will be?
3. What has caused you to rejoice recently?
4. What would you say the difference is between rejoicing and rejoicing in the Lord?
5. Read Ephesians 1:11-12. In what circumstances do you struggle to trust God's purposes?
6. "Your anxiety decreases as your understanding of your father increases." If this is true, how can you increase your understanding of God?
7. Read Philippians 3:8-9. What are some ways we try to deal with our guilt other than through "the righteousness that comes from faith in Christ"?
8. What is a song that helps you rejoice in the Lord's sovereignty or mercy?
9. What are some ways you can rejoice in the Lord's sovereignty and mercy each day this week?