



# ESTABLISHED IN LOVE

In a world filled with uncertainty, division, and shifting values, we long for something unshakable—something that can anchor our hearts and guide our lives. The apostle John, in his first letter, reveals the foundation that never fails: the love of God. This sermon series, *Established in Love*, will take us on a journey through 1 John, uncovering what it means to be deeply rooted in God's love and how that transforms our relationships, faith, and daily lives.

Throughout this series, we will explore themes of God's perfect love, the assurance of our salvation, the call to love one another, and how walking in the light of Christ shapes our identity. As we study these powerful truths, we will be challenged to move beyond a surface-level faith and become fully established in the unchanging love of God.

Join us as we dive into 1 John and discover how abiding in God's love gives us confidence, overcomes fear, and empowers us to love others as He first loved us.



# DAY 1

## iNTENTIONAL LOVE

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***Daily reading: 1 John 4:7-12***

God's love for us is intentional and demonstrative. Just as the sermon highlighted how true love must be demonstrated intentionally, our reading today emphasizes that God showed His love by sending His Son.

Reflect on how God has intentionally demonstrated His love in your life.

How can you intentionally demonstrate love to others today, not just in words but in actions? Consider one practical way you can show God's love to someone in need, following the example of Jesus who laid down His life for us.





# DAY 2 OVERCOMING BITTERNESS

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***Daily reading: Genesis 4:1-16, Matthew 5:21-24***

The story of Cain and Abel reminds us how easily bitterness and envy can take root in our hearts. Jesus takes this even further, equating anger with murder in God's eyes.

When we harbor resentment, we risk becoming like Cain, allowing darkness to consume us.

Today, examine your heart. Are there any grudges or bitter feelings you're holding onto? Pray for God's help in releasing these emotions and replacing them with His love. Consider reaching out to someone you may have conflict with, seeking reconciliation and demonstrating Christ's love in action.





# DAY 3 FAITH IN ACTION

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***Daily reading: James 2:14-26***

Today's passage echoes the sermon's call to align our words with our actions.

James challenges us to put our faith into practice, demonstrating our beliefs through tangible deeds. Reflect on areas where your actions might not fully reflect your professed faith.

How can you bridge this gap? Consider volunteering for a local ministry or finding a specific way to meet a need in your community. Remember, our faith is made complete when we act on what we believe.





# DAY 4 THE POWER OF GOD'S LOVE

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*Daily reading: Romans 5:1-11*

Paul reminds us that God's love has the power to transform us from enemies into friends. This love isn't based on our worthiness but on God's character.

Reflect on how God's love has changed you. Are there areas in your life where you still struggle to accept or believe in God's love?

Spend time in prayer, asking God to deepen your understanding and experience of His transformative love. Consider how you can extend this same unconditional love to others, especially those who may be difficult to love.





# DAY 5

## LOVE IN THE MIDST OF SUFFERING

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*Daily reading: 1 Peter 4:7-19*

Peter encourages believers to maintain their love for one another, even in the face of trials and suffering. This echoes the sermon's message about not allowing difficult circumstances to harden our hearts.

Reflect on times when you've experienced God's love during challenging periods. How can you be a channel of God's love to others who are suffering?

Consider reaching out to someone going through a difficult time, offering practical support and encouragement. Remember, our ability to love others, especially in hardship, is a powerful testimony to the reality of God's love in our lives.

