

## Pt. 2: Different Priorities

Questions for further study and application:

Day 1 Taking a different approach to life will lead to different results in your life. Boldly being different, in a Biblical sense, will set you apart and put you on the path to live the life God wants for you. Read our theme verse for this series, Romans 12:2. When you're committed to making a change in your life, you can't simply force it to happen on your own. You have to begin with letting God transform your thoughts. Your thoughts influence your actions, so, start your day with God's Word and let His Words have a positive influence from the very beginning of your day. Watch and see how much better your day will go when you get serious about living differently.

## What's New?

Waters Edge is offering summer volunteering. It's a great change of pace and the perfect time to try something new. There will be shortterm quick-start volunteer positions with zero experience necessary that will last through July and August. Sign up at watersedgechurch.net/ summervolunteers.

- Day 2 There are a variety of reasons you might feel overwhelmed. You're late to work, the laundry is out of control, you have demands on your time from family and friends, you don't have time to return countless text messages or phone calls. Being overwhelmed with too many things can leave you with feelings of inadequacy, guilt, fatigue, and exasperation. So, what should you do? Read Psalm 61:2-4 NLT. Make this your go-to memory verse when you start feeling overwhelmed. Let God be your shelter and refuge. He wants you to come to Him. Remember, He is surrounding whatever is surrounding you. He is bigger and stronger than anything you are facing.
- Day 3 If you want to increase the capacity of your life and decrease your feelings of being overwhelmed, you need to change the priority in your life. The wrong priorities will always lead you in the wrong direction. When you try to keep up with the Jones's across the street, try to be supermom or superdad, or always stay hyper-focused on your career, you have let the wrong things become your priority and this leads to exhaustion and feeling beat down in life. Real Psalm 90:12. Solomon is pointing out that our time here is short. So, it is okay to limit what you do and wisely choose how to prioritize your time. When you say no to some things, you leave opportunity in your life to say yes to the best things. Examine your priorities and eliminate anything that has the potential to drain you versus fulfill you.
- Day 4 Read Psalm 143:8-10. When you wake in the morning, what is the first thing you do? Do you check your email? Hop on to social media to see what you may have missed while you were sleeping? Do you wait for the last minute to get up, and then frantically race to get ready and get to work on time? The way to begin your day will influence how your day will go. What if you changed your priority to spend 10 to 15 minutes with Jesus in the morning? Listen to worship music or find a devotional on YouVersion that helps you focus on God. This week, make it your priority to reach out and touch Jesus first.
- Day 5 When you make spending time with Jesus a priority, you shift to having a different identity. Read 2 Corinthians 6:18. You are a child of Christ. Your faith and relationship gets stronger the more time you spend with God. Find peace and comfort in the fact that you are loved by God, just as you are. He will strengthen you, provide for you, and care for you. Think about the places in your life that leave you feeling stressed and overwhelmed. Ask God to help you discern what things in your life you should prioritize that will leave you with a feeling of peace and comfort.