

## Pt. 3: Keystone Habits

Questions for further study and application:

Day 1 Keystone habits are habits that form your life. Keystone is an architectural term that refers to a certain stone that locks the entire building together. Read Proverbs 10.4. Some habits, if you form them will form you, and they will form the behaviors in your life. They can be good or bad, positive or negative. It is up to you what habits form your life. Keystone habits to develop are reading your Bible daily, tithing, and attending church regularly. What keystone habit do you need to develop today?

## What's New?

At Waters Edge, we believe that baptism is an outward sign of an inward change. We will be having baptisms at every campus on January 28. If you are ready to take this next step, register now at watersedgechurch.net/baptism.

- Day 2 Read Matthew 7:24-27. Are you building your house on sand or rock? The habits developed determine your foundation. Storms are inevitable in life. You may be in a storm now, you may just be coming out of one, or you might be getting to go into one. No one is exempt from the storms of life. However, the foundation you have when you are in a storm will determine how you weather it. One way to build a firm foundation is becoming involved in a group. If you aren't involved in a group, join one today. Visit watersedgechurch.net/groups and get connected today!
- Day 3 Read Proverbs 19:17. The people you surround yourself with determine to a good extent how your life will go. Who you choose to be with, what you choose to do with them, and where you choose to go with them show what you are really like. A group is a great way to develop a relational habit. If you prioritize setting time aside every week to meet with the same people, it will make an unimaginable difference in your life. It will advance your faith in ways you can't imagine.
- Day 4 Being part of a group will help you connect with people, have opportunities for care, and experience growth. You need all three of these things in your life. You need relationships with people who are going in the same direction you want to go. You need to care about others and you also need to be cared for. At Waters Edge, groups are how we care for people. Read Hebrews 10:24-25. You need a structure in your life that is a catalyst for spiritual growth. Do not neglect meeting together. Instead, make a weekly habit of going to a group.
- Day 5 Life is demanding. You may think your plate is already too full to even consider joining a group. You have goals to achieve, deadlines to meet, and commitments to your family and friends to uphold. If you are feeling overwhelmed by these things, then a group is just what you need. Read Proverbs 27:17. In a group you, will discover that you are not alone. You will be surrounded by people that can encourage you and pray for you and you get to do the same for them. Don't let this week end without getting connected to a group. Discover the relational habit of groups and build a foundation which will weather any storm.