



Hills
& Valleys

AND THE IN-BETWEENS

Pt. 2: Surrounded With A View

Questions for further study and application:

- Day 1 In between two mountains, there is always a valley. Being up on the mountain is always the desirable place to be. Life is just a little bit easier and all together better when things are going your way. Inevitably, you will find yourself in the valley. Read John 16:33. Jesus says there will be trouble in this world, but you can be assured that you can find peace through Him. It's time to take a different look at your time in the valley. It's time to look for the value and lesson God is trying to show you. Take time today to think of times in the valley when God has come through for you and give Him thanks.
- Day 2 Read Psalm 23:4-5. When you're in the valley, you likely feel trapped, surrounded, unsettled, or even unsafe. Being in the valley can obstruct your perspective. Being in the valley can make you want to give up when you really need to strengthen your faith in God. Life will bring disappointments and frustration when your plans seem to be stalling or completely off track. Sometimes, in the valley, God is trying to show you something or teach you something. It could be that He wants you to realize that you need to rely on Him to bring you through the valley. What can you start doing differently to show God you trust Him and the plans He has for you?
- Day 3 One day you can be on top of the mountain, and the next, you unexpectedly find yourself in a valley. There's a car accident, or an unexpected bill, or a sudden illness. When there isn't any warning, you are unprepared and often don't know how to respond. Initial feelings of despair, discouragement, or depression may try to overtake you. These are the moments in life where you begin to feel out of control. So, what do you do? Read Philippians 4:12-13. Paul is telling you that whether times are good or not so good, he has learned to be content. He can do this because he has faith that God will bring him through any difficulties. Think about other times God has shown up and brought you through difficult times. Use that to keep pushing through the valley.
- Day 4 When you're in the valley, it's not so much about what you do; it's about what you believe. Read Romans 8:31. When you're surrounded, fear begins to sink in. You want to plan and map your way out of the valley. You think you can handle it all on your own. Your view in the valley is skewed. There is a different view you need to take into account. Even though you might feel surrounded and anxious, God is surrounding whatever is surrounding you. This Scripture says God is for you. If He's for you, then you need to lean on Him and ask Him to help you. Today, cast your fears on Him.
- Day 5 Sometimes, the valley is exactly where God wants you to be so you can see what God is trying to show you. When you begin to learn what He is trying to teach you, you can believe what He wants you to believe. Is He trying to teach you that you need to slow down? Is He trying to show you an area of your life that needs simplification? Does He simply want you to spend a little more time with Him? Read Romans 15:13. As you learn to trust Him, you are filled with joy, peace, and hope. This is what pulls you up out of the valley.

What's New?

Baptism is the outward sign of an inward change. It's the next step after accepting Jesus as your Savior. Our next baptism will be on April 22, on each of our campuses. Register to be baptized at watersedgechurch.net/baptism.