

FEARLESS

overcoming the things
that scare us the most

Pt. 3: The Fear Is In Here

Questions for further study and application:

- Day 1** Take a moment and think about how you see yourself. Does it align with how God sees you? When you see yourself as God sees you, it's then that you can live fearlessly. This is how God made you to be. You may think that you aren't good enough, or past mistakes will keep you from being used by God. He loves you just the way you are. Read Romans 15:7 and Jeremiah 31:3. These verses show you that you are loved and you are accepted by God. This week focus on aligning your view of yourself with how God sees you.
- Day 2** Fear is one of the devil's greatest strategies to stop you from progressing. Being stuck limits your potential and increases your stress and anxiety. You need to transform those thoughts of anxiety and instead choose to focus on what God says about your situation. Read Philippians 4:8. Taking control of your thoughts can change your feelings and your circumstances. This week, use this verse as inspiration to focus your mind on positive and Godly things; this is how you overcome the enemy's attempts to keep you full of fear and stuck.
- Day 3** Read Proverbs 18:21. God has made you to be fearless and He doesn't want you to be held back from your future because of your fears. Worrying will never solve your problems, it will never give you the answers you need, and it ultimately wastes your time and energy. Instead, take those fears and worries and surrender them to God. God wants you have faith in Him, and trust that He can give you the strength to stop worrying and conquer your fears. Focus on trusting God, and you will always be lead to victory.
- Day 4** Read Romans 8:11a and 2 Peter 1:3a. The Bible says that God's spirit is inside you. Reading these verses should make you ask yourself, "What do I really have to fear?" Think about this, if God was standing right beside you, would you be afraid? Hebrews 13:5-6 says, God will never leave you or forsake you. He is your helper. So, you see, He is right there with you. Because of this promise, you can live without fear. When you are living fearlessly, everything in your life begins to change for the better.
- Day 5** God has given you labels to arm yourself with and help you overcome your fears. Labels like forgiven, loved, blessed, powerful, protected, free, victorious, fearless, and chosen. Read 1 Peter 5:7-8. Peter is telling you to let God deal with your worries and fear because He cares for you. Think about this, you trust God on the big things like salvation and redemption. Shouldn't you trust Him just as much to handle your day to day anxieties? Choose a label and embrace it this week. When you see yourself the way God sees you, you have everything you need to overcome fear.

What's New?

A great way to grow spiritually is through one-on-one mentoring. These relationships are designed to stretch your understanding of the Bible and what it means to follow Christ. Sign up at watersedgechurch.net/mentor.