

Pt. 4: For Every Mom

Questions for further study and application:

- Day 1 Everyone is in a battle of some kind. People battle all kinds of things. They battle fears, insecurities, and addictions. Your mind can be your greatest battlefield. It's easy to believe lies that completely distort the truth about the situations you're facing. Read Romans 8:31. One of the biggest lies that can be easy to believe is that you are in the battle alone. But you're not; God tells you over and over again in the Bible that He will never leave you or forsake you. No matter what battle you are fighting right now, you are not alone. God is with you. You can relax. The battle is His, not yours, and He's already won it through Jesus.
- Day 2 No matter what battle you are facing, you have a choice. You can either fix your focus on the battle or you can fix your focus on God. Read 2 Chronicles 20:15. Jehoshaphat fixed his focus on God and God won the battle for him. Often times, the biggest battle you face is thinking you need to do your part to help God. Yet, in reality, it just makes the battle messier. God doesn't need your help. He already has a plan and it will give you hope and a future. Isaiah 55:8-9 says, His ways are not your ways, nor His thoughts your thoughts. Focus on God and trust that He knows what is best for you.
- Day 3 When was the last time you became involved in a battle that wasn't yours? How did it turn out for you? It's likely happened to you, and it's likely you'll do it again. The truth is though, it's not your battle, it's God's. When you are in the thick of things, your best approach is to turn to prayer. When you humble yourself before God, you can access His power. Read Proverbs 3:5-6. Make this your battle cry today. Let God show you which way to go and trust Him to fight the battle. Seek Him first, and you will find victory.
- Day 4 Rocky Balboa has one of the most recognized fight songs. Envision him running up the stairs in his gray sweats, raising his arms in victory as he reaches the top. It's been used over and over again to illustrate what victory looks like. Read Psalm 105:2. You need a song that shifts your perspective to God. Think about using the worship songs you sing on Sunday to be your fight song for Monday through Saturday. Chris Tomlin's "Whom Shall I Fear" is a great example of a fight song. The chorus alone will pump you up: "Whom shall I fear? I know who goes before me, I know who stands behind. The God of angel armies is always by my side!" Find your fight song today, sing it loud, and let the Lord hear you!
- Day 5 Read Matthew 11:28. When you focus on God and don't fight battles you were never meant to, rest is the result. Ultimately, God wants you to find rest in Him. When you trust that God will take care of you, it makes it easier to take time and just rest. Know that no matter what the situation is, your God is bigger and He has a plan. Trust His plan for your life, trust His will, and know that no one loves you more than He does. He showed you that when Jesus died on the cross so you can have relationship with Him. That is the love He has for you, so rest in Him today. He's got this!

What's New?

We'll be introducing short-term, quick-start volunteer positions with zero experience necessary for July and August! Check it out at: watersedgechurch.net/summervolunteers