



## Pt. 3: Unstoppable Growth

Questions for further study and application:

- Day 1 God wants your relationships to be full of abundance and growth, yet you can likely think of relationships that are moving backwards, or have become stagnant. Today's culture will lead you to believe that it's okay to give up and move on to the next relationship. That's not what God wants for you. He wants you to experience unstoppable growth in your relationships. Read Romans 12:1-2 MSG. Don't let culture dictate what's normal; instead, look to God to help bring out the best in you. Think about your relationships and where you may be giving into societal norms, and ask God to help guide you to a relationship transformation.
- Day 2 Things that make a difference in your relationship are often hidden or unseen. Often, the little issues you haven't dealt with, grudges you're holding on to, or habits you can't break will hold you back from growing in your relationships. God wants to change you from the inside out. The key is that the change starts with you. Read Psalm 139:23-24. What do you need to change in order to be able to experience uncommon growth in your relationships? Be bold today, and ask God to show you where you need to change and then seek His strength to help you grow and move forward.
- Day 3 Relationships take work from both sides, however, there are steps you can take to help your relationship grow. For example, you may want to look at your habits. Are there any unhealthy habits that you've adopted that may be hindering your relational growth? Maybe too much time on social media, or playing video games, or gossiping? Read Romans 7:15-25. A habit happens without thinking, so when you notice that you're slipping into a bad habit, swap it out with a good one! When you do, you will see the connection in your relationships get better and better.
- Day 4 Another way you can help your relationships grow is to take a look at your emotions. Sometimes, your emotions can get the best of you. As hard as you may try, they tend to rear their ugly head and bring discord into our relationships. From anger, to harboring resentment, to discouragement, and anxiety, emotions can quickly get the best of you. Bottom line, you can't grow relationally if you're emotionally unstable. Read Philippians 4:6-7 NLT. In what areas of your life do you need to work on being emotionally healthy? Give it over to God and seek His peace.
- Day 5 Just as the diamond grows through pressure, you have pressure weighing down on you. In the same way, the strongest relationships have grown under testing and pressure. You know in life there will be troubles, but God doesn't want you to hide from them. He wants to bring you through them. Read Proverbs 3:5. You must let go and trust God. Stay strong, remain faithful, and give it time. When you do, God will grow both you and your relationships.

## What's New?

Next Sunday, we are kicking off our new series MVMNT that is celebrating the 15th birthday of WEC and it's the perfect time to invite to Waters Edge. Visit Guest Services on your campus to grab some invite cards because 15 years is just the beginning!