



# GUARD

## Sermon Discussion Questions - May 10 & 12, 2024

### Follow: Guard - Week 2

#### Judges 4:4-10

#### Serve SOIL 2024

Serve SOIL is Saturday, June 8th! Watch the Cornerstone Website for Project Registration this week! You can check out more info at [cornerstonechurch.com/serveSOIL](https://cornerstonechurch.com/serveSOIL).

#### Cornerstone Men

More than just pancakes and devotions, Cornerstone Men exists to build a community of men who face the challenges of life together and learn to follow Jesus more closely through action and shared experiences.

[cornerstonechurch.com/community/men](https://cornerstonechurch.com/community/men)

#### RightNow Media

Cornerstone provides access to RightNow Media, so if your group would like to use their resources for a study, check out the site!

[rightnowmedia.org/Account/Invite/cornerstones](https://rightnowmedia.org/Account/Invite/cornerstones)

#### Cornerstone Women

Cornerstone Women's mission is to help women follow Jesus through growth in community at Cornerstone Church.

[cornerstonechurch.com/community/women](https://cornerstonechurch.com/community/women)

#### Meal for Celebrate Recovery

Each week, a small group provides dinner for those in attendance at Celebrate Recovery. If your group is interested in serving in this way, email Gayle at [gdwight@cornerstone.team](mailto:gdwight@cornerstone.team)

#### Judges 4:4-10

#### Questions:

- We got to celebrate Mother's Day this past Sunday! Who are some women that God has placed in your life as godly moms or motherly figures? What have you learned from them, and how have they impacted your faith?
- How do the godly women you know place boundaries or avoid temptation in order to "guard" themselves and their families? How does that inspire you to set your own guardrails for yourself, your family unit, or your friend group?
- Read Judges 4:4-10. Have you ever had a time in your life when you felt like you were not positioned well for God to use you? How did God work through you in spite of that?

- The book of Judges can be summed up with the following sentence: “Everyone did what was right in his own eyes”. This led to a downward spiral for the people of Israel. How have you seen a lack of guardrails lead to similar “downward spirals” either in your own life or in the broader culture?
  
- God radically delivers Israel in this passage, but not through the people we may expect. Deborah led the charge as a “mother” (5:7), a Prophet (mouthpiece for God), and a Judge in a time where women were not highly valued.
  - Do you have a person in your life or a role that God has given you that you have “counted out” of ever being used by God? How does the story of Deborah challenge that belief?
  
- Barak did not want to enter the battle at first (4:8), but Deborah eventually called him to obedience (4:14). Have you ever been scared to obey the Lord? Who do you have in your life to call you to obedience when you are having trouble trusting God?
  
- Read Judges 4:17-22. What are your initial reactions to the story of Jael? How do you view her story in light of the phrase, “God uses whoever He will to accomplish His will”? How does that speak to your own life or experiences?
  
- Deborah and Jael should inspire us to offer ourselves to God in our following of Jesus. Close out your time together by praying for one another, asking God to move in the places where we seem to be limited. After all, he is the true hero of the story!